

Macomb Township Parks & Recreation Department

# R.E.A.C.H.

Recreation

Events

Activities

&

Center

Happenings

[www.macomb-mi.gov](http://www.macomb-mi.gov)

20699 Macomb Street • Macomb, MI 48042 • (586) 992-2900  
(Off Broughton Road, south of 25 Mile Road)



## FALL 2007

**INSIDE:** **Gingerbread Friends Workshop**  
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**3rd Annual Holiday Lighting Ceremony**  
See Page 11

**Halloween Hoopla**  
See Page 10

**Safety Fair**  
See Page 9

**Phase II Grand Opening**  
Page 10



## DEAR RESIDENTS,

We hope you have had an opportunity to visit the Recreation Center now that Phase II has been completed. Our department is extremely proud of this “newer” state of the art facility. We believe the Recreation Center should be a showcase our residents can be proud of for many years to come.

As the summer season winds down, the time has come to begin planning your activities for the fall. Please look over our fall edition of R.E.A.C.H. Our staff has worked very hard, hoping to offer some type of program for everyone. Hopefully we’ve offered something for you and your family to enjoy. Any feedback concerning our department is always welcome. Please contact us at [parcs-rec@macomb-mi.gov](mailto:parcs-rec@macomb-mi.gov) or at (586)992-290, and remember we are “Creating Community through People, Parks and Programs!”

Sincerely,

**The Macomb Township  
Parks and Recreation Department**

## PARKS & RECREATION

Creating Community Through People, Parks & Programs

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## ON OUR COVER:

A variety of events are available for year-round enjoyment.

## REGISTRATION PROCEDURE!

### RESIDENT REGISTRATION

**Advanced Registration for Macomb Township Residents will take place Saturday, August 25, from 8:00AM-10:30AM at the Macomb Township Recreation Center.**

Registrations will NOT be accepted after 10:30AM on this day.

**WE ACCEPT CASH AND CHECK PAYMENTS ONLY. PLEASE BRING A DRIVER’S LICENSE OR OTHER PICTURE IDENTIFICATION.**

### RESIDENT WALK-IN REGISTRATION

Registration will be accepted from Macomb Township Residents on Monday, August 27 and Tuesday, August 28 from 8:00AM-8:00PM at the Macomb Township Recreation Center

### SWIM LESSON INFORMATION

Those individuals wishing to register for swimming lessons who have not previously taken a swim test or participated in our swim lessons must take a swim test. Swimming tests will be conducted on August 25 during the time of registration. Swim Tests after August 25 may be made by appointment by calling 586-992-2900.

Please read pages 5-6 in this brochure for detailed information regarding swim lessons and swim tests. Timelines for registering for swim lessons have changed.

**Only Resident Registrations will be processed August 25. Registrations will NOT be accepted after 10:30AM on this day.**

### MAIL-IN REGISTRATION

Mail-in registrations will be processed on Wednesday, August 29 from 8:00AM-12:00PM. In the event the class is full, you will be notified.

### OPEN REGISTRATION

Beginning Wednesday, August 29 at 12:00PM, open registration will begin for everyone. Registrations will be taken at the following times: Monday–Friday, 8:00AM-8:00PM; Saturdays, 9:00AM-4:00PM; Sundays, 1:00PM-4:00PM.

## ATTENTION PATRONS

All patrons signing up for Macomb Township Parks and Recreation activities are allowed to register members of their immediate family and one other family only. A signed registration form with name and address and separate payment must be provided for each family.

Thank you for your cooperation.

**Macomb Township Parks and Recreation**



### MACOMB TOWNSHIP RECREATION CENTER

The Macomb Township Recreation Center (MTRC) was built for the recreational enjoyment of all members and our guests. Please treat the facility, other patrons and staff with respect. If you have any questions, please stop by the reception desk.

- Guests must bring their own locks & towels.
- Guests must be in the 9th grade or above with proof to utilize the Fitness Center.
- **All guests must have a waiver form on file prior to utilizing the center. Patrons under the age of 18 must have a signed waiver by a parent or legal guardian to enter. Waiver forms are available at the front desk.**

### HOURS OF OPERATION

**20699 Macomb St.** (off Broughton Rd, south of 25 Mile Rd)  
**(586) 992-2900**

Monday – Friday.....6:00AM-10:00PM  
Saturday.....8:00AM-8:00PM  
Sunday.....10:00AM-6:00PM

**Aquatics schedule varies, please stop by front desk for schedule.**

### Tadpole Town Child Watch

Monday – Saturday.....8:30AM-1:00PM  
Monday – Thursday.....4:00PM-9:00PM

### \*\*Rates\*\*

Child watch is \$2.00 per hour for the initial child & \$1.00 per hour for each additional child. 2 hour maximum time per visit.

### MTRC DAILY FEES

Residents.....\$5.<sup>00</sup>  
Non-Residents.....\$10.<sup>00</sup>  
Children 3 and under are admitted free with paying adult.

### MTRC MEMBERSHIP FEES

**Monthly** (Monthly Deductions from Checking or Savings account)

	MTR	NR
Head of Household.....	\$25. <sup>00</sup>	\$50. <sup>00</sup>
Spouse.....	\$15. <sup>00</sup>	\$30. <sup>00</sup>
Dependent.....	\$10. <sup>00</sup>	\$20. <sup>00</sup>
Seniors (55+).....	\$15. <sup>00</sup>	\$30. <sup>00</sup>

### Annual Membership

	MTR	NR
Head of Household.....	\$300. <sup>00</sup>	\$600. <sup>00</sup>
Spouse.....	\$180. <sup>00</sup>	\$360. <sup>00</sup>
Dependent.....	\$120. <sup>00</sup>	\$240. <sup>00</sup>
Seniors (55+).....	\$180. <sup>00</sup>	\$360. <sup>00</sup>

**Children ages 3 and under are admitted free with an adult member or paid daily admission. One Month Trial Memberships are available; ask the front desk for further info.**

**All guests must show proper ID to receive Resident discount:**

- **Valid Driver's License OR**
- **Photo ID with a Utility Bill**

### LOST & FOUND POLICY

Lost & found items will be kept at the Macomb Township Recreation Center for 30 days. After 30 days all items will be donated to a local charity. Please contact a staff member if you accidentally left any of your belongings at the Recreation Center during your visit.

### INCLEMENT WEATHER

Call the Macomb Township Hotline at 586-992-2909 to hear program cancellations or delays due to weather. Cancelled classes will be announced at least 45 minutes prior to the start of the class. Remember, a morning class cancellation will not automatically mean evening classes are cancelled. Keep informed, call our hotline.

### MTRC HOLIDAY HOURS

The Macomb Township Recreation Center will operate under modified hours on the following holidays:

**Facility Hours: 6:00AM-5:00PM**

**Open Swim: 12:00PM-4:00PM**

Labor Day – Monday, September 3

Christmas Eve – Monday, December 24

New Year's Eve – Monday, December 31

New Year's Day – Tuesday, January 1, 2008

**The Center will be closed on the following days:**

Thanksgiving Day – Thursday, November 22

Christmas Day – Tuesday, December 25

### Special Events:

**Facility Hours: 8:00AM-5:00PM**

**Open Swim: 12:00PM-4:00PM**

X-Mas Lock-in - Saturday, December 15

Both Gyms will close at 5:00PM on Friday, October 19 for Halloween Hoopla. See page 10 for further details.

**\*THE POOL WILL BE CLOSED ALL DAY  
SEPTEMBER 4 & 5 FOR CLEANING.\***

### PERSONAL TRAINING

#### Private & Semi-Private Personal Training

The Macomb Township Recreation Center offers Private & Semi-Private Personal Training with our Certified and Highly Knowledgeable Trainers.

#### Members / Residents:

1 Hour Private Lesson.....\$50.00 per hr.  
1 Hour Semi-Private (2 Person).....\$70.00 per hr.

#### Non-Residents:

1 Hour Private Lesson.....\$70.00 per hr.  
1 Hour Semi-Private (2 Person).....\$90.00 per hr.

**Multiple Training package plans are available.**

*For further information and to sign-up for personal training, please call or visit the Front Desk.*

- Payment for personal training must be made at the front desk upon arrival.
- 24 hr. advanced notification is required for cancellations to reschedule.
- All personal training sessions are non-refundable.



**MACOMB TOWNSHIP RECREATION CENTER****20699 Macomb Street** (off Broughton Rd., south of 25 Mile Rd.)**AQUATIC AREA**

The MTRC aquatics center has a variety of features sure to provide fun for everyone of every age. Our water playground begins with a zero depth entrance where you can walk thru or around geysers. This pool features a multi-level playground where children can interact with water controlling devices before shooting through the slide. This pool reaches a maximum depth of 18" inches.

For the more adventurous type, try our 3 story water slide. This journey begins as you climb the stairs up to the top of the center. The slide will take you around several curves before you exit into our splash down pool.

Others can stroll around in our lazy river, where a waterfall awaits for those who choose. Inside our river is a vortex where guests are spun around by circular water movement.

Ever wanted to walk on water? You can attempt to walk across our floating log walk. There are lap lanes for those who still enjoy a good swim. After this much enjoyment our older guests can relax in our hot tub! Or catch some rays on our outdoor sun deck.

**Party Rooms**

Our Party Rooms are a perfect place to host your child's next birthday party or team event! Our rooms are located at either end of the main atrium; they're the perfect location to enjoy the center. Party Rooms can accommodate 1-49 people.

**Tree-Top Town**

Come play among the trees and enjoy our indoor play structure with slides, tubes, rock climbing walls, and moveable helicopter and interactive toys. This large indoor play structure is ideal for children 10 years of age and under. An additional small play structure is available for toddlers. The room is floored with a soft play surface. Parents must accompany children. Socks are required.

**Tadpole Town Child Watch**

Two Hour maximum child watch for ages 6 months to 10 years old. Various activities are offered such as games, movies, board games, arts-n-crafts, coloring, etc. The room is equipped with a small child's restroom.

**MULTI-PURPOSE ROOMS**

Our two Multi-purpose rooms are great spaces for meetings, classroom setting, and parties. Each room is carpeted and equipped with Tables and Chairs which can be set as desired.

These rooms are able to host between 1 and 49 people. Audio/Visual equipment is also available for use.

**PLEASE CONTACT (586) 992-2900  
FOR RENTAL INFORMATION**

**FITNESS CENTER & RUNNING TRACK**

The MTRC fitness center consists of a Two-Story Rotunda of Cardiovascular Equipment, Selective Machines, & Free Weights.

- Treadmills
- Elliptical Cross trainers
- Total Body Elliptical
- Nu Step/REX
- Recumbent & Upright Bicycles
- Stair Climbers & Steppers
- TreadClimbers
- Accent Trainers
- Selectorized Machines (Paramount & Icarian brands)
- Dumbbells
- Curl Bars
- Multi-Functional Trainers
- Smith Press & Leg Pres Station
- Cable Tower System
- Incline Benches
- Over 1,500 lbs. of weight plates



The MTRC Track is a figure eight configuration consisting of 3 lanes (walk, run, & pass). The track distance is 7.3 laps per mile.

**Game Room**

Guests can enjoy playing billiards, foosball, or a wide variety of board games available for use while visiting.

**Exercise/Aerobics Rooms:**

Our lower level room is a floating Sportswood Altra Star floor, the second level room is surfaced with a high intensity cushion rubber flooring, both rooms are equipped with a state of the art sound system, and two mirrored walls; Aerobics, Dance, and other exercise related activities have never been more enjoyable.

**Locker Rooms**

Separate male and female locker rooms and shower rooms. Each is equipped with lockers for storage of clothing. Guests must bring in their own lock.

**Family Changing Cabanas**

6 cabanas especially designed for families are available for use. Each is equipped with a shower, changing station, sink and toilet. Larger lockers are located outside of rooms for storage of multiple guests' items. To utilize these cabana's please see "Family Changing Cabanas Policy" on page 5.

**LOOKING FOR A PLACE TO  
HOST A B-DAY PARTY?**

Look no further than the Macomb Township Recreation Center. Parties can be booked up to 1 year in advance. A variety of food packages are available to choose from. Contact the Front Desk for additional information.

**TRIAL MEMBERSHIP DOES NOT  
QUALIFY FOR MEMBERSHIP DISCOUNT**

## MACOMB TOWNSHIP RECREATION CENTER

### Age Policy & Procedure

All patrons must be currently in the 9th grade to be left unsupervised in the facility. All patron's not currently in the 9th grade must be supervised by a parent or legal guardian at all times while visiting the center. Patrons must show a Driver's Permit, Driver's License, or a school I.D. (indicating 9th grade) when initially entering the facility to show proof. Please note that patrons must currently have started the 9th grade to qualify, patrons who have completed the 8th grade are not considered 9th graders until school begins. After proof is presented and a daily waiver form is on file, patron's (who do not have a current membership) will be issued an I.D. card to be used for future access into the center.

Please make certain you have these forms of I.D. & a daily waiver form on file prior to entering the facility without proper supervision; Patrons who are not currently in the 9th grade will not be allowed to enter the center.

### Family Changing Cabanas Policy

Between the hours of 11:30am until the facility closes daily, the Family Changing Area will be locked. All families wishing to utilize the Family Changing Cabanas must check in at the front desk and check out a key card to gain access to the family changing room hallway. Guests will be asked to leave their vehicle keys at the Front Desk in order to receive a pass access card. This access card will allow entry into both family changing room hallway doors. This policy has been implemented for the safety and protection of all patrons. Thank you for your cooperation.

## GUARD START

### American Red Cross

**Macomb Township Recreation Center**  
**20699 Macomb St.**

(off Broughton Rd., south of 25 Mile Rd.)

**Saturdays**

**Sep. 15-Nov. 17, 2007**

**10:15AM-1:00PM**

**Registration No. 311115-A**

MTR Fee: \$65.00 NR Fee: \$70.00

MTRC Members receive \$5.00 discount

Class Size: Minimum 5, Maximum 8

Ages 12-14 years by the first day of class. This program is designed to guide youth to the American Red Cross lifeguarding program by building a foundation of knowledge, attitudes, and skills for future lifeguards. **This program does not certify participants in Lifeguard Training.** As part of the course, participants will learn about what it takes to become a professional rescuer, assist with swim lesson instruction, and work one on one with lifeguard staff during open swim hours. All materials will be provided.



## SWIM LESSON REGISTRATION TIMETABLE

Due to the high demand for swim lessons, it has become necessary to introduce a time table in which you can sign up for swim lessons. Please refer to the list below.

**Saturday, Aug 25** 8-10:30AM. All classes are available for RESIDENT registration.

**Monday, Aug 27** 8:00AM. All classes are available for RESIDENT registration.

**Tuesday, Aug 28** 8:00AM. All classes are available for RESIDENT registration.

**Wednesday, Aug 29** 8:00AM. All classes are available for RESIDENT registration.

**Wednesday, Aug 29** 12:00PM. **ONLY sessions 1-5** available for resident and non-resident registration.

**Wednesday, Oct 10** **Session 6** is available for registration to those who are already enrolled in sessions 1 & 2. Registration should take place after the completion of your child's final swim class. Please present your swim lesson progress report to front desk to register.

**Thursday, Oct 11** **Session 7** is available for registration to those who are already enrolled in sessions 1 & 2. Registration should take place after the completion of your child's final swim class. Please present your swim lesson progress report to front desk to register.

**Friday, Oct 12** All remaining classes are open to all resident and non-resident registrations.

## LIFEGUARDING

### American Red Cross

**Macomb Township Recreation Center**

**20699 Macomb Street** (off Broughton Rd., south of 25 Mile)

**Mon-Wed (1 Saturday)**

**Oct. 15-Oct. 31 & Oct. 27**

**4:00-7:00pm M-W**

**1:00-5:00pm Saturday**

**Registration No. 311115-B**

MTR Fee: \$130.00 NR Fee: \$135.00

MTRC Members receive \$5.00 discount.

Class Size: Minimum 6, Maximum 10

Ages 15 years and above (Participant MUST be 15 years by October 31, 2007). The purpose of the American Red Cross Lifeguard course is to teach participants the knowledge and skills needed to prevent and respond to aquatic emergencies. The course content and activities prepare participants to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries. Participants who successfully complete this course will receive certifications in Lifeguarding, First Aid, CPR and AED. Saturday Class location will be announced the first day of class.



## SWIM LESSONS

(Ages 6 months - Adult)

**Macomb Township Recreation Center**

**20699 Macomb Street** (off Broughton Rd., south of 25 Mile Rd.)

**REGISTRATION BEGINS August 25, 2007**

Formal swim lessons are available for participants from 5 years through adult. Special Programs are also available for preschoolers as young as six months old. Qualified and dedicated instructors will provide swim instruction using the American Red Cross aquatic programs. The program teaches water safety and swimming skills using a progressive approach. Therefore, with the exception of minimum age requirements, enrollment in the listed programs is determined by skill performance and not necessarily by age.

**Special Note:** Participants may be registered for only one section of swim lessons at a time. Registering for consecutive sections may result in the participant being enrolled in an inappropriate level for a later section, and cancellation may be required.

## PRESCHOOL SWIM LESSONS

(6 months - 4 years)

MTR Fee: \$40.00 NR Fee: \$45.00

MTRC Members receive \$5.00 discount

This fun program will help your child adjust to the water and prepare him or her for entry into the Learn-To-Swim program. It is a progressive 3-level program that explores underwater skills and buoyancy as well as introduces coordinated arm and leg movements on the child's front and back. Completion of this program should prepare your child for the 6-level Learn-To-Swim program.

### LEVEL A (6 months - 2 years)

(Parent must accompany child in the water)

**Class Size:** Minimum 5/Maximum 10

The goals of Level A are to provide experiences and activities for parents and children to: Learn to enter and exit water safely, feel comfortable in the water, submerge, explore buoyancy on front and back, change body position in water, and learn about choosing and using life jackets.

### LEVEL B (18 months - 4 years)

(Parent may accompany child in the water, not required)

**Class Size:** Minimum 2/Maximum 4

Level B will add upon the skills learned in Level A. Additional skills introduced will include: submerging in a rhythmic pattern, performing combined stroke on front and back.

### LEVEL C (3 - 4 years)

(Child works independently with instructor)

**Class Size:** Minimum 2/Maximum 4

Children enrolling in Level C should be comfortable in the water and working independently with an instructor. Children will explore deeper parts of the pool. They will also begin working on combined strokes on front and back. Successful completion of Level C will aid in a smooth transition into Level 1.

## REQUIRED SWIM TEST

**Macomb Township Recreation Center**

**20699 Macomb Street** (off Broughton Rd., south of 25 Mile Rd.)

All new students wishing to enroll in Levels 1-4 must participate in one of the REQUIRED swim tests to ensure correct placement in lessons. Preschool swim lessons do not require a swim test. Children should come prepared to swim.

### Swim Test Dates

Saturday, August 25, 2007 – 8:00-10:15AM

(Must be done before registration can take place)

Swim testing after August 25 by appointment only. Please call 586-992-2900.

### Make-Up Swim Lessons

Make-up swim lessons will be scheduled ONLY if the pool is closed due to weather or maintenance, causing classes to be cancelled. The make-up class would occur on the next day in the sequence of classes after the last schedule class date. (e.g., If the last class is on Monday, June 11, the make-up would be Wednesday, June 13).

## LEARN-TO-SWIM

(5 years - 12 years)

MTR Fee: \$45.00 NR Fee: \$50.00

MTRC Members receive \$5.00 discount

**Class Size:** Minimum 3/Maximum 6

### Level 1 - Introduction to Water Skills

Participants will take part in activities which allow them to feel comfortable in the water and enjoy the water safely. Students will learn elementary aquatic skills such as breath control and underwater swimming, buoyancy, swimming on front and back and personal water safety.

(Prerequisite: Participation in Swim Test)

### Level 2 - Fundamental Aquatic Skills

Participants explore simultaneous and alternating arm and leg action on the front and back. This lays the foundation for future strokes such as freestyle, backstroke and butterfly.

(Prerequisite: A Learn-to-swim Level 1 certificate or demonstrated competency in Level 1 skills)

### Level 3 - Stroke Development

Participants will learn to coordinate the front and back crawls. They will also learn elements for the butterfly and the fundamentals of treading water.

(Prerequisite: A Learn-to-swim Level 2 certificate or demonstrated competency in Level 2 skills)

### Level 4 - Stroke Improvement

Participants will improve skills and increase endurance by swimming greater distances. Elementary backstroke, breaststroke and elements of sidestroke are introduced.

(Prerequisite: A Learn-to-swim Level 3 certificate or demonstrated competency in Level 3 skills)

**PRESCHOOL SWIM PROGRAMS** (Ages 6 months to 4 years)

For detailed descriptions of the classes please see page 6.

**NO CLASSES November 21 & 22**

DATE/DAYS	LEVEL A		LEVEL B		LEVEL C	
<b>Session 1</b> Mo/We Sep 10-Oct 10	9:50-10:10AM 5:05-5:25PM	316007-A 316007-B	9:00-9:20AM 10:15-10:35AM 4:15-4:35PM	316008-A 316008-B 316008-C	9:25-9:45AM 4:40-5:00PM 5:30-5:50PM	316009-A 316009-B 316009-C
<b>Session 2</b> Tu/Th Sep 11-Oct 11			9:25-9:45AM 10:15-10:35AM 4:15-4:35PM 5:05-5:25PM	316008-D 316008-E 316008-F 316008-G	9:00-9:20AM 9:50-10:10AM 4:15-4:35PM 4:40-5:00PM 5:30-5:50PM	316009-D 316009-E 316009-F 316009-G 316009-H
<b>Session 3</b> Saturdays Sep 15-Nov 17	10:10-10:30AM 10:45-11:05AM	316007-C 316007-D	9:00-9:20AM 9:35-9:55AM 9:35-9:55AM 10:10-10:30AM 11:20-11:40AM	316008-H 316008-I 316008-J 316008-K 316008-L	9:00-9:20AM 9:00-9:20AM 9:35-9:55AM 10:45-11:05AM 11:20-11:40AM	316009-I 316009-J 316009-K 316009-L 316009-M
<b>Session 4</b> Sundays Sep 16-Nov 18			10:10-10:30AM 10:35-10:55AM 11:00-11:20AM	316008-M 316008-N 316008-O	10:10-10:30AM 10:35-10:55AM 11:00-11:20AM	316009-N 316009-O 316009-P
<b>Session 5</b> Mondays Sep 17-Nov 19						
<b>Session 6</b> Mo/We Nov 7-Dec 12	9:50-10:10AM 5:05-5:25PM	316007-E 316007-F	9:00-9:20AM 10:15-10:35AM 4:15-4:35PM	316008-P 316008-Q 316008-R	9:25-9:45AM 4:40-5:00PM 5:30-5:50PM	316009-Q 316009-R 316009-S
<b>Session 7</b> Tu/Th Nov 8-Dec 13			9:00-9:20AM 9:50-10:10AM 4:15-4:45PM 5:05-5:25PM	316008-S 316008-T 316008-U 316008-V	9:25-9:45AM 10:15-10:35PM 4:15-4:45PM 4:40-5:00PM 5:30-5:50PM	316009-T 316009-U 316009-V 316009-W 316009-X

**LEARN-TO-SWIM PROGRAMS** (Ages 5 years - 12 years)

For detailed descriptions of the classes please see page 6.

**NO CLASSES November 21 & 22**

DATE/DAYS	LEVEL 1		LEVEL 2		LEVEL 3	
<b>Session 1</b> Mon./Wed. Sep. 10 – Oct. 10	10:45-11:15AM 4:15-4:35PM 4:50-5:20PM 5:25-5:55PM	316001-A 316001-B 316001-C 316001-D	4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	316002-A 316002-B 316002-C	4:15-4:45PM 5:25-5:55PM	316003-A 316003-B
<b>Session 2</b> Tues./Thurs. Sep. 11 – Oct. 11	10:45-11:15AM 4:15-4:45PM 4:50-5:20PM 4:50-5:20PM 5:25-5:55PM	316001-E 316001-F 316001-G 316001-H 316001-I	4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	316002-D 316002-E 316002-F	5:25-5:55PM	316003-C
<b>Session 3</b> Saturdays Sep. 15 – Nov. 17	9:00-9:30AM 9:35-10:05AM 9:35-10:05AM 10:10-10:40AM 10:45-11:15AM 10:45-11:15AM 11:20-11:50AM	316001-J 316001-K 316001-L 316001-M 316001-N 316001-O 316001-P	9:00-9:30AM 9:35-10:05AM 10:10-10:40AM 10:45-11:15AM 11:20-11:50AM	316002-G 316002-H 316002-I 316002-J 316002-K	9:00-9:30AM 11:20-11:50AM	316003-D 316003-E
<b>Session 4</b> Sundays Sep. 16 – Nov. 18	11:25-11:55AM	316001-Q	11:25-11:55AM	316002-L		
<b>Session 5</b> Mondays Sep. 17 – Nov. 19	1:00-1:30PM	316001-R	1:35-2:05PM	316002-M		
<b>Session 6</b> Mon./Wed. Nov. 7 – Dec. 12	10:45-11:15AM 4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	316001-S 316001-T 316001-U 316001-V	4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	316002-N 316002-O 316002-P	4:15-4:45PM 5:25-5:55PM	316003-F 316003-G
<b>Session 7</b> Tues./Thurs. Nov. 8 – Dec. 13	10:45-11:15AM 4:15-4:45PM 4:50-5:20PM 4:50-5:20PM 5:25-5:55PM	316001-W 316001-X 316001-Y 316001-Z 316001-AA	4:15-4:45PM 4:50-5:20PM 5:25-5:55PM	316002-Q 316002-R 316002-S	5:25-5:55PM	316003-H

**NOTE: Level 4 & Adult Lessons can be found on page 8**

**ATTENTION AQUATICS PARTICIPANTS:** Swim lesson participants will be permitted into the facility **NO SOONER THAN 15 MINUTES** prior to the start of the swim lesson session (i.e., Weekday afternoon lessons will be allowed in at 4:00PM). For earlier admittance you must be a member and check in at the front desk or purchase a daily pass.



**WATER AEROBICS****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

Come and splash away the pounds with our NEW water aerobics program. This shallow water workout program combines water and weights for a thorough cross training experience. You will notice an increase in strength and cardiovascular fitness. This class caters to all fitness levels. Beginners are encouraged to attend. It's a great program for anyone and is particularly suited to those who experience minor joint, knee or back problems.

**Two-day per week class:**

MTR Fee: \$62.00

NR Fee: \$67.00

MTRC Members receive \$5.00 discount

**One-day per week class:**

MTR Fee: \$31.00

NR Fee: \$36.00

MTRC Members receive \$5.00 discount

Class Size: Minimum 10, Maximum 25

Session I	Days	Times	Dates
<b>321319-A</b>	Mo/We	Sep. 10-Oct. 24	9:00-10:00AM
<b>321319-B</b>	Mo/We	Sep. 10-Oct. 24	6:00-7:00PM
<b>321319-C</b>	Tu/Th	Sep. 11-Oct. 25	9:00-10:00AM
<b>321319-D</b>	Tu/Th	Sep. 11-Oct. 25	6:00-7:00PM
<b>321319-E</b>	One-day per week		

Session II	Days	Times	Dates
<b>321319-F</b>	Mo/We	Nov. 5-Dec. 19	9:00-10:00AM
<b>321319-G</b>	Mo/We	Nov. 5-Dec. 19	6:00-7:00PM
<b>321319-H</b>	Tu/Th	Nov. 1-Dec. 20	9:00-10:00AM
		(No Class Nov. 22)	
<b>321319-I</b>	Tu/Th	Nov. 1-Dec. 20	6:00-7:00PM
		(No Class Nov. 22)	
<b>321319-J</b>	One-day per week		

**MAKE-UP POLICY: Water Aerobic Classes**

Make-up Water Aerobic Classes will be scheduled ONLY if the pool is closed due to weather or maintenance, causing classes to be cancelled. The make-up class would occur on the next day in the sequence of classes after the last schedule class date. (e.g., If the last class is on Monday, December 19, the make-up would be Wednesday, December 21). If you miss a class due to personal reasons, you are welcome to attend one of the other scheduled water aerobics classes before the last day of the session.

**WATER AEROBICS PUNCH CARD POLICY**

Registered participants will receive their Water Aerobics punch card on the first day of class at the front desk.

1. Present water aerobics punch card to Front Desk Staff for admittance into building.
2. Before entry into the pool for class, stop at the table labeled **Water Aerobics Check-In**. A member of the aquatic staff will be there to punch your card. We will have a storage bin for you to leave your card in during class.
3. When class is over, please pick up your card. The cards will be alphabetized for easy pick-up. Your card will be needed to enter the building for the next class.
4. Participants will not be allowed to participate without their punch card.

**LEVEL 4 - SWIM LESSONS****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

Please read the descriptions and details for these lessons on Page 6. Swim Tests will be required for these classes if your child has not already participated in our swim program in the past.

MTR Fee: \$45.00 NR Fee: \$50.00

MTRC Members receive \$5.00 discount

Class size: Minimum 3, Maximum 6

Session I	Days	Dates	Times
<b>316004-A</b>	Mo/We	Sep 10-Oct 10	4:50-5:20PM
<b>316004-B</b>	Sa	Sep 15-Nov 17	10:10-10:40AM
<b>316004-D</b>	Mo/We	Nov 7-Dec 12	4:50-5:20PM

**ADULT/PRIVATE/SEMI-PRIVATE  
SWIM LESSONS****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd)

Participants will discuss their goals for this class with the instructor prior to beginning class. Instructor will cater the lesson to meet your goals. Whether you want to refine strokes or have never been in the water before, we will get you moving in the direction you need. Participants will receive 1 on 1 instruction for Adult and Private Lessons. Semi-Private lessons will have a 2:1 student/instructor ration.

**NO CLASSES: November 22**

Adult &amp; Private Lessons

MTR Fee: \$90.00 NR Fee: \$95.00

MTRC Members receive \$5.00 discount

Semi-Private Lessons per student fee

MTR Fee: \$70.00 NR Fee: \$75.00

MTRC Members receive \$5.00 discount

Session I	Days	Dates	Times
<b>326001-A</b>	Mo/We	Sep 10-Oct 10	7:00-7:30PM
<b>326001-B</b>	Mo/We	Sep 10-Oct 10	7:35-8:05PM
<b>326001-C</b>	Mo/We	Sep 10-Oct 10	8:10-8:40AM
<b>326001-D</b>	Tu/Thu	Sep 11-Oct 11	7:00-7:30PM
<b>326001-E</b>	Tu/Thu	Sep 11-Oct 11	7:35-8:05PM
<b>326001-F</b>	Tu/Thu	Sep 11-Oct 11	8:10-8:40PM
<b>326001-G</b>	Mo/We	Nov 7-Dec 12	7:00-7:30PM
<b>326001-H</b>	Mo/We	Nov 7-Dec 12	7:35-8:05PM
<b>326001-I</b>	Mo/We	Nov 7-Dec 12	8:10-8:40PM
<b>326001-J</b>	Tu/Thu	Nov 8-Dec 13	7:00-7:30PM
<b>326001-K</b>	Tu/Thu	Nov 8-Dec 13	7:35-8:05PM
<b>326001-L</b>	Tu/Thu	Nov 8-Dec 13	8:10-8:40PM



*"TAKE ME OUT TO THE BALLGAME"***Mother & Son Event – At Comerica Park****Detroit Tigers vs Kansas City Royals**  
**Sunday, September 23rd****11:15AM Departure****1:05PM Game Time****Registration No. 344102-A**

MTR Fee: \$15.00 per person, all ages—adults and children  
 NR Fee: \$20.00 per person, all ages—adults and children

Mom's and sons—here's your chance to spend a day enjoying an 'All American favorite pastime' together!

Package includes game ticket, transportation by luxury motor coach, commemorative mom/son photo, and memories that will last a lifetime.

It's fan appreciation weekend, and several lucky fans will win actual game worn Detroit Tigers jerseys. It's also Kids Day, and youngsters will have the chance to run the bases! All group tickets are located in Kaline's Corner. (Bleacher section 110 & 111)

We will depart from the Marvin Blank Senior Center parking lot, located at 19925 23 Mile Road, east of Romeo Plank Road, at 11:15am, and return to Macomb Township after the kids run the bases immediately following the game.

Register at the community recreation center. Don't delay! Tickets will sell out fast!

At the time of registration (if you are signing up with other moms and sons) please indicate who you would like to sit with at the game/ride the bus with.

**(MOMS & SONS ONLY, PLEASE.)***A NEW YOU***Nutrition & Fitness Tips****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

If you are having difficulty making lifestyle changes and sticking to your New Year's Resolution, you may need that extra motivation and guidance. This class will help you! It will assist you in making better meal choices, ideas on healthy cooking and achieving weight-loss goals by teaching you some great fitness and nutrition tips. You leave feeling motivated and ready to exercise your way into a healthy lifestyle.

Taught by personal trainer: Maria Marino.

MTR Fee: \$15.00

NR Fee: \$20.00

MTRC Members receive \$5.00 discount

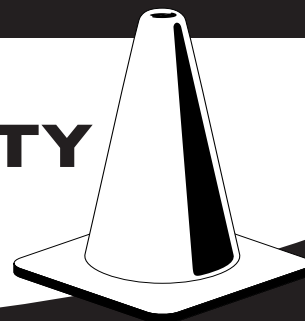
**321321-A** Tu Oct 2 7:00-8:00PM*PARKS & RECREATION*

**Creating Community Through  
 People, Parks & Programs**

**USA CREDIT UNION AND MACOMB TOWNSHIP  
 PARKS & RECREATION PRESENTS...**
**FREE FAMILY SAFETY  
 FAIR IN MACOMB COUNTY**

Open to the Public – All activities are FREE!

**SATURDAY, SEPTEMBER 15 • 10AM – 1PM**



## Featuring\*...

- Child Identification Program
- Macomb County Sheriff
- Macomb Township Fire Department
- Antique Fire Truck

- Spin Art
- Kids Tattoos
- Strolling Magician
- Smokehouse

- Poison Control Information
- USA Wheel-of-Fun Prizes
- Door prizes for everyone
- D.A.R.E.

\*Subject to availability.

**GRAND PRIZE DRAWING FOR \$200 FOUR PACK**

(Contains \$50 gift cards to each: Target, Speedway, Red Robin and CJ Barrymore's)

The first 25 families in attendance will receive \$25 in AMC Movie Passes

Macomb Corners Park  
 25 Mile Road  
 (between Romeo Plank & Broughton Road)

For more information call  
 248-322-9800 Ext. 1023  
*Rain or Shine!*

**Macomb Township Recreation Center****PHASE II GRAND OPENING**

On Sunday, September 9, 2007 the Macomb Township Recreation Center will have a Grand Opening to display our addition and completed renovations. The facility will open at 12:00PM for public use. There will be a ceremony located at the Recreation Center beginning at 11:30AM followed by walk-throughs of the new Recreation Center.

**PUNT, PASS & KICK****Free Football Skills Contest****Macomb Corners Park**

(25 Mile Road, east of Luchtman Road)

**Saturday, Sep. 29 – 10AM**

**Registration No. 322101-A**



The official skills contest of the National Football League is coming to Macomb Township! This fun, free competition features three important aspects of football – punting, passing, and kicking. The national contest is sponsored by Pepsi and the NFL and coordinated in Michigan through the Michigan Recreation & Park Association.

The competition is open to youngsters 8-15 years of age as of December 31, 2007, with separate divisions for boys and girls competing in 8-9yrs, 10-11 yrs, 12-13 yrs, and 14-15 yrs.

Registration forms are available at the Recreation Center. All participants should register by Monday, Sep. 24, in person at the Recreation Center, to fill out the necessary paperwork and provide a copy of the participant's birth certificate.

Contest rules require that all participants provide a copy of their birth certificate at the time of registration in order to be eligible to participate.

During the competition, participants must wear regular gym shoes. Cleats are not allowed. Each participant will only use the specific equipment (footballs and kicking tee) provided for this event by Macomb Township Parks & Recreation.

Thanks to the Macomb Mustangs for their support of this event and for promoting youth football and fitness.

**"HALLOWEEN HOOPLA"****A Spooky, Kooky, Delightful, Frightful Family Dress-up Costume Carnival****Macomb Township Recreation Center**

**20699 Macomb Street** (off Broughton Rd., south of 25 Mile)

**Friday, Oct. 19**

**6:00-9:30PM**

**Registration No. 344302-A**

MTR Fee: \$5.00 per person, all ages—adults & children  
NR Fee: \$10.00 per person, all ages—adults & children

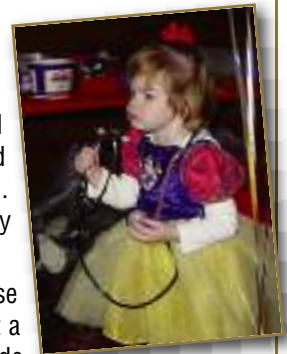
The best Halloween party around! Everyone is invited to get in the spirit of the season and dress-up in a costume for a "frightfully" fun night. Join in the fun and games, kid's activities, entertainment, DJ playing family friendly dance tunes, and more surprises. Concessions can also be purchased at the event.

Ticket sales are limited and must be purchased in advance. There will be no tickets sold at the door. Tickets on sale until Friday, October 12, or until sold out (whichever comes first). Don't delay . . . we sell out every year.

Individuals wishing to purchase more than 6 tickets must fill out a group registration form & provide names of all participants. MTRC reserves the right to limit the number of group reservations.

Coolers and "outside" food are not allowed—concessions will be available for sale at the event.

Event sponsored in part by: Plante & Moran, PLLC, Kiwanis Shelby-Macomb Daybreakers, Rams Horn of Macomb, Pete and Rebecca Tocco - Realty Executives. Thank you to Brohl's Greenhouse, Inc. for their generous donation of decorative mums.



**THANK  
YOU TO OUR  
SPONSORS!**

**COMING SOON!!!**

**We've heard your requests, and the Parks and Recreation Department is working hard to introduce credit card payments and registration for classes on the internet.**

*Stay tuned for updates.*

*EUCHRE PARTY***Adults 21 & Above****Cracklewood Golf Course****18215 24 Mile Road** (east of Romeo Plank Road)**Friday, November 2****6:00-10:00PM****Registration No. 324202-A**

MTR Fee: \$20.00

NR Fee: \$25.00

Come and play Euchre at this fun-filled (not too competitive) party. A great way to meet new people! Sign up as a single player and your partner and opponents will be chosen by a "Luck of the Draw" format in which you will meet and play with different people throughout the night.

Includes: Euchre Party entry fee, pizza and salad dinner, dessert, coffee, one entry into door prize raffle, and prizes for the top finishers.

A cash bar will be available (on your own.)

Limited to the first 100 people. Register early! All players **MUST** know how to play Euchre in order to register and participate in this event. The Euchre Party is a non-smoking event! (60 minimum)

Event check-in and dinner will be at 6pm, with play starting after dinner.


*3RD ANNUAL  
HOLIDAY LIGHTING CEREMONY*
**FREE****Wednesday, November 28****7:00PM**

Come join the festivities at the Macomb Township Parks and Recreation Department as we kick off the holiday season with our 3rd Annual Holiday Lighting Ceremony. Tree lighting, caroling, refreshments and a visit from Santa Claus will all be in store to help put us in the holiday mood.

Mark your calendars for Wednesday, November 28, 2007, at 7:00PM in front of Township Hall for this free event.

Sponsored in part by: Central Macomb Optimist Club and Rams Horn of Macomb.

Thank you to Brohl's Greenhouse, Inc. for their generous donation of poinsettias, and to Red Robin-Clinton Township for donating hot cocoa.

*MTRC CANCELLATIONS HOTLINE***(586) 992-2909***SANTA'S SLEEPY STORYTIME***Magical Holiday Fun****Registration Required****All Storytimes are from 7:00-8:45PM****Doors open at 6:50PM****Marvin Blank Senior Center****19925 23 Mile Road**

(one mile east of Romeo Plank Rd.)

**Thursday, December 6****Registration No. 344301-A****Friday, December 7****Registration No. 344301-B****Saturday, December 8****Registration No. 344301-C**

MTR Fee: \$5.00 per person,

all ages—adults &amp; children

NR Fee: \$10.00 per person,

all ages—adults &amp; children

Hey kids, are you going to be on Santa's "Good List" this year? If so, you are invited to spend the evening with the "Jolly ol' Elf" himself. Wear your pajamas and bring a warm blanket to sit on so you can "cozy up" and listen as Santa reads some of his favorite holiday stories, & sing along with a few favorite holiday songs!

Afterwards you'll have a chance to visit with Santa (remember to bring your camera) and receive a special holiday give-away! You will also enjoy punch, cookies and a special holiday craft.

**Doors open at 6:50pm—please plan accordingly.****Event begins at 7pm.***FRIENDLY REMINDER...*

**Nothing ruins a good  
program quicker than everyone  
waiting until the last minute to register!**

**Please register early to ensure that the program will run.**





## THE BEST LITTLE WHOREHOUSE IN TEXAS

Cornwell's Dinner Theatre – Marshall, MI

Monday, September 10, 2007

8:00AM

Registration No. 323100-C

MTR Fee: \$75.00 NR Fee: \$80.00

During the Depression, a little Texas brothel allowed its patrons to pay in poultry, and became known as the Chicken Ranch. But now, a conservative radio host is on a crusade to close the place down despite the support of the locals – especially Sheriff Ed Earl Dodd, who is sweet on the Chicken Ranch's madam, Miss Mona. Enjoy all the great comedy and musical numbers you remember from the Burt Reynolds/Dolly Parton Movie.

Depart from the Marvin Blank Senior Center, 19925 23 Mile Road (one mile east of Romeo Plank). Participants will be called in advance for departure and return times. This is a 2:00PM Matinee Show.



## DETROIT LIONS

At Ford Field

Sunday, Oct. 21 vs. Tampa Bay Buccaneers

11:00AM Departure

1PM Game Time

Registration No. 343200-A

Sunday, Nov. 4 vs. Denver Broncos

11:00AM Departure

1PM Game Time

Registration No. 343200-B

MTR Fee: \$45.00 NR Fee: \$50.00

Here's your chance to experience the excitement of NFL football, Ford Field, and the Detroit Lions!

All group tickets are located in The Family Fun Zone (upper bowl), a NO ALCOHOL, NO PROFANITY AREA, in sections 337-340. This family friendly group outing is available to those who agree to abide by the policies of The Family Fun Zone.

We will depart from the Marvin Blank Senior Center parking lot, located at 19925 23 Mile Road, east of Romeo Plank Road, at 11:00am, and return to Macomb Township immediately following the game.

Fee includes game ticket and transportation by luxury motor coach. Register at the community recreation center. Ticket sales are limited to 6 per household.



## THE LION KING

The Detroit Opera House  
1526 Broadway

Tuesday, December 18, 2007

Show starts at 7:30PM

Registration No. 323100-F

MTR Fee: \$72.00 NR Fee: \$77.00

Experience the phenomenon of Disney's THE LION KING. Marvel at the breathtaking spectacle of animals brought to life by award-winning director Julie Taymor, whose visual images for this show you'll remember forever. Thrill to the pulsating rhythms of the African Pridelands and an unforgettable score including Elton John and Tim Rice's Oscar®-winning song "Can You Feel The Love Tonight" and "Circle of Life." Let your imagination run wild at the Tony® Award-winning Broadway sensation Newsweek calls "a landmark event in entertainment."

Tickets are on the main floor, right side, first 7 rows

Departure Time: 6:00pm from the  
Marvin Blank Senior Center  
19925 23 Mile Rd.  
(one mile east of Romeo Plank)



## THE CURSE OF TURKEY HILL

Cornwell's Dinner Theatre – Marshall, MI

Monday, October 22, 2007

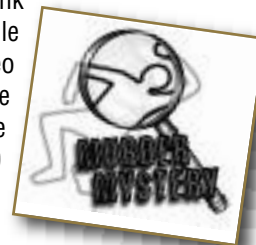
8:00AM

Registration No. 323100-D

MTR Fee: \$75.00 NR Fee: \$80.00

Could this be Detective Stone's last case? His family home is built on an Indian burial ground, and strange things are happening: their friends are acting like monkeys and chickens! The TV repairman is dead! Can Stone solve this baffling mystery? He'll need your help – and the help of world-renowned psychic Dr. Kensington. Will it be enough to solve this one?

Depart from the Marvin Blank Senior Center, 19925 23 Mile Road (one mile east of Romeo Plank). Participants will be called in advance for departure and return times. This is a 2:00 p.m. Matinee Show.



**MTRC CANCELLATIONS HOTLINE**  
**(586) 992-2909**

## NIAGARA FALLS FESTIVAL OF LIGHTS

**Daniel O'Donnell w/Mary Duff & Charley Prose**

**December 3-4, 2007**

**Registration No. 323100-A**

MTR Fee: \$349.00

NR Fee: \$354.00

(fees based on double occupancy)

Registration deadline: August 31, 2007

Experience Niagara Falls at its greatest.

Millions of twinkling lights adorn the parkways of the city along the brink of the Falls. Enjoy the many stores and restaurants of Niagara Falls. The first evening you'll be in for a real treat with Daniel O'Donnell and Mary Duff in Concert. The next day enjoy Charley Prose in Concert with his light-hearted, clean humor and his singing and piano work.

Participants will be called with departure times and locations.

*Fliers with additional information are available at the Macomb Township Recreation Center and the Marvin Blank Senior Center.*



## MYRTLE BEACH

**For a New Year's Celebration**

**Dec 28, 2007-Jan 3, 2008**

**Registration No. 323100-E**

MTR Fee: \$804.00

NR Fee: \$809.00

(fees based on double occupancy)

\$100.00 deposit due at time of registration.

Balance must be paid in full no later than Nov. 23, 2007

Registration deadline: November 23, 2007

What better place to ring in 2008 than Myrtle Beach!!! Trip includes 2 nights lodging in Corbin, KY and 4 nights lodging at the Monterey Bay Suites, Myrtle Beach, SC. Also included are 10 meals, New Years Eve cocktail party, 2 shows (The Carolina Opry and Legends in Concert), and Admission to Ripley's Aquarium including the Festival of Trees.

Participants will be called with departure times and locations.

*Fliers with additional information are available at the Macomb Township Recreation Center and the Marvin Blank Senior Center.*



## HOLIDAY NIGHTS

**At Greenfield Village**

**December 1, 2007**

**5:00PM Departure**

**6:30-10:00PM Event Time**

**11:00PM Return**

**Registration No. 343100-D**

Adult-Ages 13 years and above

MTR Fee: \$17.00 NR Fee: \$22.00

Youth-Ages 5-12 years

MTR Fee: \$13.00 NR Fee: \$18.00

Children-Ages 0-4 years

MTR Fee: \$5.00 NR Fee: \$10.00

Re-live fond memories of the comfort and joy of Christmas past. Lit by the soft glow of hundreds of lanterns, this Greenfield Village after dark experience is a wonderful evening not to be missed as houses are open to explore 300 years of American holiday traditions.

Includes a turn-of-the century tree lot, ice skating (rentals available on-site), authentically decorated homes, carriage or sleigh rides, carolers, musicians, live reindeer, Santa and Mrs. Claus, shopping, and more. Concessions are available during this program at the Village for additional fees. The night concludes as you take part in a community sing-a-long on the Village Green complete with fireworks.



**Dress for the weather and extreme cold weather conditions—most activities are held outdoors.**

Tips for the trip:

- Bring winter hat, boots, gloves, and dress in layers.
- Bring flashlight for walking around village—streets are dimly lit.
- Bring snacks and beverages for bus trip to and from village.

Trip includes transportation by luxury motor coach and admission to Holiday Village Night Program.

Excursion departs from the Marvin Blank Senior Center, 19925 23 Mile Rd, east of Romeo Plank, at 5PM.

**SUNNY GULF GETAWAY****St. Pete Beach Florida**

**January 12-February 2, 2008**  
**Registration No. 323100-B**

MTR Fee: \$1,804.00

NR Fee: \$1,809.00

(fees based on double occupancy)

\$200.00 deposit due at time of registration.

Balance must be paid in full no later than November 1, 2007

Registration deadline: November 1, 2007

Experience Florida's Natural Beauty when you visit the St. Pete Beach area! Here you will find sparkling blue water, white sandy beaches and beautiful sunshine year-round. Enjoy all of this and more when you stay at the Dolphin Beach Resort, St. Petersburg, Florida. Located directly on the Gulf Coast, the Dolphin Beach Resort St. Pete is right where you want to be. Trip includes round trip motorcoach transportation, 21 nights lodging, 4 breakfasts, admission to the Georgia Aquarium, tour of Savannah Georgia, and baggage handling. Optional excursions are available but not included in price of trip package.

Participants will be called with departure times and locations.

*Flyers with additional information are available at the Macomb Township Recreation Center and the Marvin Blank Senior Center.*

**MEN'S & WOMEN'S 55+ BOWLING****Kingswood Lanes**

**49925 N. Groesbeck, Clinton Twp, south of Hall Rd**

**Wednesdays, Sep 19, 2007-Mar 6, 2008**

**10:00AM League Time**

**Registration No. 332606-A**

MTR Fee: \$5.00 League Registration Fee

NR Fee: \$10.00 League Registration Fee

Calling all bowlers ages 55 and above. Sign-up today for this league where all levels of ability are welcome.

Weekly league fee is \$6 per bowler, which includes: 3 games of bowling, shoe rental, coffee and cookies, and a banquet at the end of the season.

League runs 25 consecutive weeks, (there WILL BE bowling on Wednesday, November 21, the day before Thanksgiving) with a 9 pin no tap tourney scheduled on the last day of the league, March 6.

**SENIOR LUNCH BUNCH****Marvin Blank Senior Center**

**19925 23 Mile Rd.** (one mile east of Romeo Plank)

The Lunch Bunch travels to new restaurants and destinations. Everyone orders their own lunch from the restaurant menu and pays for their own meal, sales tax and wait staff tip unless otherwise noted. These midday excursions are for folks 55 years and older who want to explore the cuisine of different restaurants, see new sites and meet new friends and get together with old friends. Fees for transportation ONLY. Lunch (including tax & tip) is on your own unless otherwise noted. These trips have a fair amount of walking, so don't forget the comfortable shoes.

Traditionally this has been a Monday program. We will be expanding to different days to open up opportunities to visit places which tend to be closed on Mondays. Please note dates AND times as these may change from one trip to another.

Class Size: Minimum 10, Maximum 14

Session I	Days	Times	Dates
<b>333500-A</b>	Mo	10:30AM-3:30PM	Sep 24
	Ginopolis Restaurant/Holocaust Center		
	MTR Fee: \$7.00 NR Fee: \$12.00		
	Lunch on your own/Tour is Free, donations acceptable		
	Registration Deadline: September 10		
<b>333500-B</b>	Fr	10:30AM-3:30PM	Oct. 19
	O'Tooles Restaurant/Sugarloaf Art Fair		
	MTR Fee: \$7.00 NR Fee: \$12.00		
	Lunch on your own/Fair admission \$6.00		
	Registration Deadline: October 5		
<b>333500-C</b>	We	10:30AM-3:30PM	Oct. 31
	Edsel & Eleanor Ford House		
	MTR Fee: \$13.00 NR Fee: \$18.00		
	Lunch on your own/Tour ticket included in registration fee		
	Registration Deadline: October 3		
<b>333500-D</b>	Mo	10:00AM-3:00PM	Nov. 26
	*MeadowBrook Hall & Gardens Holiday Walk		
	MTR Fee: \$37.00 NR Fee: \$42.00		
	Lunch & Tour Included/*Note time change		
	*MUST have 20 person minimum for this trip to go		
	Registration Deadline: November 5		
<b>333500-E</b>	Fr	10:30AM-3:30PM	Nov. 30
	Italian Epicure Restaurant/Michigan Christmas Show & Marketplace		
	MTR Fee: \$16.00 NR Fee: \$21.00		
	Lunch on your own/Fair admission included in registration fee		
	Registration Deadline: November 16		



## AEROBIC CLASS POLICIES

**Late Registration Fee** – Participants who register after the early registration date will be assessed a late registration fee per class. Mail-in registrations postmarked on or before these dates will not be assessed this fee.

Residents: \$10.00 per class  
Non-Residents: \$15.00 per class

Late registration fee will be assessed beginning on the first week of each session.

Early Registration Deadline:

Session I: Friday, September 7, 2007

Session II: Friday, November 2, 2007

**Punch Card Policy** – Registered participants will receive their Aerobics punch card on the first day of their class. Two (2) times per week classes will receive a Fourteen (14) Aerobics punch card; One (1) day classes will receive a Seven (7) Aerobics punch card. All Yoga classes held at the Recreation Center will receive a Six (6) class punch card. It is the responsibility of each participant to bring their cards with them to each class. Participants will not be allowed to participate without their punch cards. Cards expire on the expiration date posted on the card.

**Punch Card Replacement** – In the event a registered participant misplaces or loses their aerobics punch card, a replacement will be issued with a Two (2) punch penalty. The replacement card will be punched up to the number of actual classes held to date, in addition to the Two (2) replacement fee punches.

**Punch Card Uses** – Participants may use their punch cards for other aerobic classes held at the recreation center which are equal to or lesser in cost of their registered class.

### Yoga Punch Cards

- Yogalates (Yoga/Pilates)
- Vinyasa Yoga
- Forever Fit
- Belly Dancing Ab Workout

### Aerobic Punch Cards

- Ultimate Body Sculpting
- Cardio Core
- Interval Training
- Cardio Kickboxing
- Cardio Mix
- Awesome Abs & Body Sculpting
- Step & Sculpt
- Gutts & Glutes
- Trim & Tone
- Turbo Jam Cardio Kickboxing

**Drop-In Aerobics** – During non scheduled aerobic weeks, the Macomb Township Recreation Center will conduct drop-in aerobics classes daily. The fee is \$5.00 per class held Monday – Friday; \$6.00 for Saturday classes. Current Macomb Township Members (excluding Trial Memberships) will be admitted free to these classes. During regular sessions, the drop-in rate is \$10.00 per class. **Punch cards cannot be used for drop-in aerobics.**

## FOREVER FIT

**“It’s never too late to start feeling great!”**

**Ages 55 & up**

**Macomb Township Recreation Center**

**20699 Macomb Street** (off Broughton Rd. south of 25 Mile Rd.)

“Use it or lose it.” There’s no population that benefits more from exercise than seniors. This program is designed with easy to follow exercises for beginners ages 55 & over. This class will help reduce the risks of many age-related medical conditions such as arthritis, diabetes, obesity, high blood pressure & cholesterol, osteoporosis, bone fractures, heart disease & depression. A great way to improve muscle tone, flexibility, coordination, gain energy, socialize, shape-up and have fun!

Macomb Twp. Resident Rate: \$55.00

Non-Resident Rate: \$60.00

MTRC Members receive \$5.00 discount

Instructor: Rose Candela

Session I	Days	Dates	Time
<b>331309-A</b>	Tu/Th	Sept.11 – Oct.25	8:30-9:30AM
Session II	Days	Dates	Time
<b>331309-B</b>	Tu/Th	Nov.6 – Dec.20*	8:30-9:30AM

\*No class on Thursday, 11/22/07

\*\*Participants can make-up 11/22/07 for another class of the same value.

## PERSONAL GROUP TRAINING

**Macomb Township Recreation Center**

**20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

One hour of professional personalized training taught by certified personal trainer Maria Marino using various types of equipment with a fun motivating group of people. This class includes a variety of cardio with interval & strength training techniques. You’ll also get nutrition tips from an expert on how to eat healthy and stay fit. A program designated to whip you into tiptop shape. Class is limited to 10.

MTR Fee: \$104.00

Non-Resident Rate: 109.00

MTRC Members receive \$5.00 discount

Personal Trainer: Maria Marino AM

Kim Hannish PM

Session I	Days	Dates	Time
<b>321317-A</b>	We	Sep 12- Oct 24	7:00-8:00PM
<b>321317-B</b>	Fr	Sep 14- Oct 26	9:30-10:30AM
Session II	Days	Dates	Time
<b>321317-C</b>	We	Nov 7-Dec 19	7:00-8:00PM
<b>321317-D</b>	Fr	Nov 9-Dec 21	9:30-10:30AM

**CARDIO KICKBOXING (TAE-COMBO)****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

Personal Trainer Maria Marino has combined some of the highest energy & motivating aerobics moves together with the aggressive, hard edge similar TAE-BO class moves. This class takes you to meet the fitness challenge of a lifetime. Maria caters to fitness enthusiasts of all ages & fitness levels. A great way to shape up, burn fat, stay healthy & have fun!!

**One-day per week class:**

MTR Fee: \$31.00 NR Fee: \$36.00  
MTRC Members receive \$5.00 discount

**Two-day per week class:**

MTR Fee: \$62.00 NR Fee: \$67.00  
MTRC Members receive \$5.00 discount

Instructor: Maria Marino

Session I	Days	Dates	Time
321301-A	Tu/Th	Sep 11-Oct 25	9:30-10:30AM
321301-B	One day per week		
Session II	Days	Dates	Time
321301-C	Tu/Th	Nov 6-Dec 20*	9:30-10:30AM
321301-D	One day per week		

\*No class on Thursday, 11/22/07

\*\*Participants can make-up 11/22/07 for another class of the same value.

**INTERVAL TRAINING****(Cardio & Weights Combo)****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

Get ready for this ultimate cardio & body-sculpting workout! Burn fat with a cardio & weight training workout that alternates 4-minute segments of cardio with 4-minute segments of weight training. We've added an incredible abdominal segment to make this a total body workout. Designed to maximize your strength & firm your entire body! A workout for individuals who want real results, real fast!

MTR Fee: \$62.00 NR Fee: \$67.00  
MTRC Members receive \$5.00 discount

Instructor: Sandy Smitley PM  
Maria Marino AM

Class Size: Maximum 50

Session I	Days	Dates	Time
321314-A	Mo/We	Sep 10-Oct 24	9:30-10:30AM
321314-B	Tu/Th	Sep 11-Oct 25	7:00-8:00PM
Session II	Days	Dates	Time
321314-C	Mo/We	Nov 5 - Dec 19	9:30-10:30AM
321314-D	Tu/Th	Nov 6-Dec 20*	7:00-8:00PM

\*No class on Thursday, 11/22/07

\*\*Participants can make-up 11/22/07 for another class of the same value.

**CARDIO CORE (FITNESS BALL) TRAINING****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

This program is a low impact, high-energy cardio routine to get your heart pumping and your body moving! The entire workout is done using a fitness ball. You'll develop a strong, lean and toned body. This class emphasizes on balance control and stability of the abdominals, oblique, glutes and lower back muscles. A great workout for that hard to lose mid-section. You'll definitely have a ball in this class! Please bring your own ball if you have one. Otherwise, a limited number of exercise balls are available.

MTR Fee: \$62.00 NR Fee: \$67.00  
MTRC Members receive \$5.00 discount

Instructor: Carol Chiles

Session I	Days	Dates	Time
321322-A	Mo/We	Sep 10-Oct 24	7:45-8:45PM
Session II	Days	Dates	Time
321322-B	Mo/We	Nov 5-Dec 19	7:45-8:45PM



*TRIAL MEMBERSHIP DOES NOT QUALIFY  
FOR MEMBERSHIP DISCOUNT*

**CARDIO MIX****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

A solid exciting workout which involves a mixture from week to week of Hi/Low Impact Aerobics, Interval Training, Kickboxing, and/or Core Body Sculpting moves. Finish each workout with floor exercises for toning your abdominals.

**One-day per week class:**

MTR Fee: \$31.00 NR Fee: \$36.00  
MTRC Members receive \$5.00 discount

**Two-day per week class:**

MTR Fee: \$62.00 NR Fee: \$67.00  
MTRC Members receive \$5.00 discount

**Saturday class:**

MTR Fee: \$37.00 NR Fee: \$41.00  
MTRC Members receive \$5.00 discount

Instructor: Margaret Ala Mo/We PM  
Kim Hannish Saturday

Class size: Minimum 20, Maximum 50

Session I	Days	Dates	Time
321313-A	Mo/We	Sep 10-Oct 24	6:30-7:30PM
321313-B	Sa	Sep 15-Oct 27	9:00-10:00AM
Session II	Days	Dates	Time
321313-C	Mo/We	Nov 5-Dec 19	6:30-7:30PM
321313-D	Sa	Nov 10-Dec 22	9:00-10:00AM

## THE ULTIMATE BODY SCULPTING & AWESOME ABS

### Lift Weights and Lose Weight

#### Macomb Township Recreation Center

**20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

Get ripped abs, toned legs and an overall lean physique – not a bulky physique. This class is definitely the ultimate; it's motivating and sure to tone every square inch of your body. Using weights is especially important for women to build bone density, but the truth is that working with weights increases your metabolism while creating more lean muscle. A great workout for all ages and levels of fitness. Please bring mats and free weights to class.

MTR Fee: \$62.00 NR Fee: \$67.00

MTRC Members receive \$5.00 discount

Instructor: Sandy Smitley

Session I	Days	Dates	Time
321302-A	Tu/Th	Sep 11-Oct 25	8:00-9:00PM

Session II	Days	Dates	Time
321302-B	Tu/Th	Nov 6-Dec 20*	8:00-9:00PM

\*No class on Thursday, 11/22/07

\*\*Participants can make-up 11/22/07 for another class of the same value.

## AWESOME ABS & BODY SCULPTING WITH WEIGHTS!

#### Macomb Township Recreation Center

**20699 Macomb Street** (off Broughton Rd. south of 25 Mile Rd.)

Lift weights & lose weight! Get ripped abs, toned legs & an overall lean physique — not a bulky physique. This class incorporates weight training to target & tone every square inch of your body. Using weights is especially important for women for building bone density. Working with weights increases your metabolism while creating more lean muscle! A great workout for all ages and all levels of fitness.

#### One-day per week class:

MTR Fee: \$31.00 NR Fee: \$36.00

MTRC Members receive \$5.00 discount

#### Two-day per week class:

MTR Fee: \$62.00 NR Fee: \$67.00

MTRC Members receive \$5.00 discount

Instructor: Kim Hannish

Session I	Days	Dates	Time
321307-A	Tu/Th	Sep 11-Oct 25	10:30-11:30AM
321307-B	One day per Week		

Session II	Days	Dates	Time
321307-C	Tu/Th	Nov 6-Dec 20*	10:30-11:30AM
321307-D	One day per Week		

\*No class on Thursday, 11/22/07

\*\*Participants can make-up 11/22/07 for another class of the same value.

## VINYASA FITNESS YOGA

#### Macomb Township Recreation Center

**20699 Macomb Street** (off Broughton Rd. south of 25 Mile Rd.)

A strong dynamic form of yoga. This type of class is one of the more disciplined forms of yoga and is very challenging. This class is ideal for increasing flexibility & toning while sculpting and strengthening the muscles. You will leave feeling strong with a calm mind. Great for those who wish to reduce mental and physical stress.

MTR Fee: \$55.00 NR Fee: \$60.00

MTRC Members receive \$5.00 discount

Instructor: Desiree Brengman

Session I	Days	Dates	Time
321303-A	Tu	Sep 11-Oct 23	7:30-8:30PM
321303-B	Th	Sep 13-Oct 25	9:00-10:00AM

Session II	Days	Dates	Time
321303-C	Tu	Nov 6-Dec 18	7:30-8:30PM
321303-D	Th	Nov 8-Dec 20*	9:00-10:00AM

\*No Class on Thursday, 11/22/07

\*\*Participants can make-up 11/22/07 for another class of the same value.

## MTRC CANCELLATIONS HOTLINE (586) 992-2909

## YOGALATES (YOGA/PILATES)

#### Macomb Township Recreation Center

**20699 Macomb Street** (off Broughton Rd. south of 25 Mile Rd.)

Yoga & Pilates is an all-encompassing body, mind, and spirit, exercise program designed to tone and sculpt your entire body. A combination of controlled movements will shape and sculpt long, lean muscles without joint stress, achieve flat abs and improve your posture. Pilates focuses on strengthening your abdomen, back and hips. A great class for anyone regardless of your fitness level. Great for those who wish to reduce mental and physical stress.

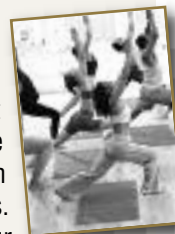
MTR Fee: \$55.00 NR Fee: \$60.00

MTRC Members receive \$5.00 discount

Instructor: Desiree Brengman

Session I	Days	Dates	Time
321306-A	Tu	Sep 11-Oct 23	6:00-7:00PM
321306-B	Fr	Sep 14-Oct 26	9:30-10:30AM

Session II	Days	Dates	Time
321306-C	Tu	Nov 6-Dec 18	6:00-7:00PM
321306-D	Fr	Nov 9-Dec 21	9:30-10:30AM





**STEP AND SCULPT****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

This class will lead you through the basic and easy to follow combinations of step aerobics. This class is sure to get your heart pumping. We will sculpt and tone those muscles to make this class a total body workout! Great for all fitness levels.



MTR Fee: \$31.00 NR Fee: \$36.00  
MTRC Members receive \$5.00 discount

Instructor: Rose Candela

Session I	Days	Dates	Time
321329-A	Fr	Sep 14-Oct 26	9:00-10:00AM
Session II	Days	Dates	Time
321329-B	Fr	Nov 9-Dec 21	9:00-10:00AM

**GUTTS & GLUTES****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

Come on in and work your abdominals, glutes, quadriceps, hips and hamstrings. Personal Trainer, Maria Marino will show you how to tone your legs, firm your fanny and flatten your belly. Your Gutts & Glutes will be tighter than ever from this 30 minute workout guaranteed to tighten & tone your entire lower body.

**One-day per week class:**

MTR Fee: \$31.00 NR Fee: \$36.00  
MTRC Members receive \$5.00 discount

**Two-day per week class:**

MTR Fee: \$62.00 NR Fee: \$67.00  
MTRC Members receive \$5.00 discount

Instructor: Maria Marino

Session I	Days	Dates	Time
321328-A	Mo/We	Sep 10-Oct 24	10:40-11:10AM
321328-B	One day per week		10:40-11:10AM
Session II	Days	Dates	Time
321328-C	Mo/We	Nov 5-Dec 19	10:40-11:10AM
321328-D	One day per week		10:40-11:10AM

*TRIAL MEMBERSHIP  
DOES NOT QUALIFY  
FOR MEMBERSHIP DISCOUNT*

**BELLY DANCING AB WORKOUT****NEW****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

Through a combination of step-by-step instruction and easy-to-follow moves, participants not only learn the art of belly dance but also enjoy health benefits of a full-body workout that burns fat, and focuses on sculpting the abdominals all while teaching the basics of bellydance.

MTR Fee: \$55.00 NR Fee: \$60.00  
MTRC Members receive \$5.00 discount

Instructor: TBA

Session I	Days	Dates	Time
321327-A	Mo	Sep 10-Oct 22	7:00-8:00PM

**TURBO JAM CARDIO KICKBOXING****NEW****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

Each workout is filled with fat blasting kick-boxing, body sculpting, and the latest dance music – This workout is guaranteed to sculpt and tone your entire body. You're sure to get amazing results, no matter what your fitness level is. Come and join in on the fun!

Instructor: TBA

MTR Fee: \$31.00 NR Fee: \$36.00  
MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
321330-A	Th	Sep 13-Oct 25	7:00-8:00PM
Session II	Days	Dates	Time
321330-B	Th	Nov 8-Dec 20*	7:00-8:00PM

\*No Class on Thursday, 11/22/07

\*\*Participants can make-up 11/22/07 for another class of the same value.

**TRIM & TONE****NEW****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

Let us show you how to trim and tone your entire body with this total body workout. This program will help increase your lean muscle-to-fat ratio, making you look and feel you're best! Light hand-weights are used throughout the workout; toning, pilates, stretching and an incredible ab workout are also included. The moves are simple and easy to follow. You're sure to get results everyone will notice.

MTR Fee: \$62.00 NR Fee: \$67.00  
MTRC Members receive \$5.00 discount

Instructor: Laurie Endicott

Session I	Days	Dates	Time
321331-A	Tu/Th	Sep 11-Oct 25	8:00-9:00AM
Session II	Days	Dates	Time
321331-B	Tu/Th	Nov 6-Dec 20*	8:00-9:00AM

\*No Class on Thursday, 11/22/07

\*\*Participants can make-up 11/22/07 for another class of the same value.

*FALL TENNIS — SERVING IT UP!***Tennis Clinics for All Ages****Lifetime Fitness - Indoor Tennis Center****200 West Avon Road, Rochester Hills**

(Tennis entrance located off Avon Rd., west of Rochester Rd.)

Tennis anyone? Tennis is a great fitness sport for everyone. Led by the certified tennis professional staff at Lifetime Fitness, participants will be introduced to the sport for ages in an exciting and safe environment.

These classes are open to everyone-you do not have to be a member of LifeTime Fitness to register for any of these classes. All classes run for eight weeks. Sorry, no make up classes will be offered.

Sign-up today to "Get in The Game!"

**Little Tennis (ages 3-5)**

<b>311107-A</b>	Sa	Sep 15-Nov 3	1:00-2:00PM	MTR Fee: \$128.00	NR Fee: \$133.00
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**Munchkins (ages 5-8)**

<b>311107-B</b>	Sa	Sep 15-Nov 3	3:00-4:00PM	MTR Fee: \$144.00	NR Fee: \$149.00
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**Pre-Teen Beginner (ages 8-12)**

<b>311108-A</b>	Sa	Sep 15-Nov 3	2:00-3:00PM	MTR Fee: \$144.00	NR Fee: \$149.00
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**Teen Beginner (ages 13-18)**

<b>311108-B</b>	Su	Sep 16-Nov 4	5:00-6:00PM	MTR Fee: \$144.00	NR Fee: \$149.00
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**Adult Beginner (ages 18&up)**

<b>321109-A</b>	Su	Sep 16-Nov 4	7:00-8:00PM	MTR Fee: \$156.00	NR Fee: \$161.00
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<b>321109-B</b>	Tu	Sep 18-Nov 6	12:00-1:00PM	MTR Fee: \$156.00	NR Fee: \$161.00
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**Adult Advanced Beginner (ages 18&up)**

<b>321109-C</b>	Su	Sep 16-Nov 4	6:00-7:00PM	MTR Fee: \$156.00	NR Fee: \$161.00
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<b>321109-D</b>	Tu	Sep 18-Nov 6	1:00-2:00PM	MTR Fee: \$156.00	NR Fee: \$161.00
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*MEN'S ADULT BASKETBALL LEAGUE***Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)**Registration No. 322301-A**

Wednesday/Thursday Evenings

Start Date: Wednesday, November 7, 2007

(No games 11/22/07 &amp; 12/26/07)

Game Times: 6:30PM, 7:45PM, 9:00PM

League Fee: \$650.00 per team

Fee Includes:

- Game Balls
- Playoff Awards
- Referees

**Managers Meeting**

Wednesday, October 24, 2007 at 7:00pm  
The Macomb Township Recreation Center

League consists of 9 regular season games plus playoff games for top four teams in each division. Awards will be given to the top two teams.

Roster limited to 12 players. All players must be at least 18 years of age and older (must be out of high school).

Minimum: 4 Teams; Maximum 12 teams

*CO-ED ADULT VOLLEYBALL LEAGUE***Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)**Registration No. 322301-B**

Tuesday/Wednesday Evenings

Start Date: Tuesday, November 6, 2007

Match Times: 6:30PM, 7:45PM, 9:00PM

League Fee: \$400.00 per team

Fee Includes:

- Game Balls
- Playoff Awards
- Referees

**Managers Meeting**

Thursday, October 25, 2007 at 7:00pm  
The Macomb Township Recreation Center

League consists of 9 regular season matches plus playoff matches for top four teams. Awards will be given to the top two teams.

Roster limited to 12 players. all players must be at least 18 years of age and older (must be out of high school).

Minimum: 4 Teams; Maximum 12 teams

## MUSIC LESSONS WITH A-1 STUDIOS

### Macomb Township Recreation Center

**20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

Always wanted to learn to play a musical instrument? Now, here's your chance. Local music instructor Dick Renock, has been teaching music full time for over 40 years.

You do not need a musical instrument to participate. Rentals are available from the instructor by request at the first lesson (fees to be discussed with the instructor.) This proven music program with award winning students is taught the correct way. College-level broken down and made simple with emphasis on the most important thing in music . . . timing. Through these progressive courses students will learn note reading, theory, timing, melody, harmony, exercises, scales, chords, and improvising. Repertoire includes classical music to the most popular and standard songs.

For further information or for private music lessons taught in your home, call A-1 Studios at 586-992-1757.

Sessions: 5 lessons (1 day a week for 5 weeks)

MTR Fee: \$50.00 NR Fee: \$55.00

MTRC Members receive \$5.00 discount

#### Session I: Sep 11-Oct 9

Instrument	No.	Day	Time
Guitar	341702-A	Tu	6:30-7:00PM
Keyboard	341701-A	Tu	7:00-7:30PM
Drum	341703-A	Tu	7:30-8:00PM
Organ	341704-A	Tu	8:00-8:30PM

#### Session II: Nov 13-Dec 11

Instrument	No.	Day	Time
Guitar	341702-B	Tu	6:30-7:00PM
Keyboard	341701-B	Tu	7:00-7:30PM
Drum	341703-B	Tu	7:30-8:00PM
Organ	341704-B	Tu	8:00-8:30PM



## CPR & FIRST AID TRAINING

### American Red Cross

#### Marvin Blank Senior Center

**19925 23 Mile Rd** (one mile east of Romeo Plank Rd.)

**Sunday, October 14, 2007**

**9:00AM-5:00PM**

**Registration No. 341115-A**

MTR Fee: \$65.00 NR Fee: \$70.00

Class Size: Minimum 8, Maximum 16

Be prepared for breathing and cardiac emergencies for people of all ages. This eight hour course teaches easy-to-learn emergency procedures to use in critical life threatening situations as well as first aid procedures. Upon successful completion of this class you will receive certifications in Adult, Child, and Infant CPR, Adult AED and First Aid. (30 minutes will be allotted for lunch – bring a sack lunch or money.)



## BEST FRIENDS DOG TRAINING

**"Happiness is a well trained dog"**

### Marvin Blank Senior Center

**19925 23 Mile Rd** (one mile east of Romeo Plank Rd.)

Are you looking for a gentle modern approach to training? Using positive motivational techniques, Best Friend's Trainers will teach how to raise the dog you want. Methods are simple, quick, effective, and above all, enjoyable for both the dog and owner. Instructors focus on helping train a dog that is happy, willing, responsive, and obedient.

Best Friend's Instructors are members of APDT-Association of Pet Dog Trainers and NADOI, National Association of Dog Obedience Instructors. Class size is limited to ensure that you and your dog receive the level of attention and assistance that you require.

Classes meet one hour per week for six weeks, and include demonstrations, training exercises with your dog, behavior discussions, and weekly activities for you and your family to practice at home.

6 week class sessions

MTR Fee: \$125.00 (per session)

NR Fee: \$130.00 (per session)

#### Puppy Class (Age: 10 weeks – 18 weeks)

Proof of at least 2 series of puppy shots required. Start off in the right direction by taking advantage of your puppy's most formative period of development. Classes include lessons in basic obedience, puppy development, confidence building, self-control and problem prevention.

Session I	Days	Dates	Time
321601-A	We	Sep 12-Oct 17	7:00-8:00PM
Session II	Days	Dates	Time
321601-B	We	Nov 7-Dec 19	7:00-8:00PM

(No class on Wednesday, November 21, Thanksgiving Holiday)

#### Beginner Class (Age: 18 weeks+)

Proof of current vaccinations required. Dogs of any age will benefit from this six week class. Whether your dog is new to your family or has lived with you for awhile, you will learn how to teach proper manners and solve existing problems. Classes include lessons in basic obedience, common behavior problems, attention/focus, and building a bond with your dog.

Session I	Days	Dates	Time
321602-A	We	Sep 12-Oct 17	8:00-9:00PM
Session II	Days	Dates	Time
321602-B	We	Nov 7-Dec 19	8:00-9:00PM

(No class on Wednesday, November 21, Thanksgiving Holiday)





*COPPER AND CRYSTAL BRACELET CLASS***Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)**Wednesday, October 3, 2007****7:00-9:00pm****Registration No. 341402-A**

MTR Fee: \$18.00

NR Fee: \$23.00

MTRC Members receive \$5.00 discount

Instructor: Sandy Kirk

Class Size: Minimum 6, Maximum 12

Join us for this fun bracelet making class and take home a beautiful bracelet to wear with this season's fall fashions. We will be using copper and crystal to create a bracelet in a larger style that will draw compliments. Learn to crimp and string beads in the proper technique to end up with professional results. A \$5.00 material fee is required and is payable to instructor on the night of the class.

*GOURMET CHOCOLATE COVERED TREATS***Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)**Monday, Nov 26****7:00-8:30pm****Registration No. 341405-J**

MTR Fee: \$20.00 NR \$25.00

MTRC Members receive \$5.00 discount

What a great treat, gift, or party favor to make for your special occasion! Learn the creative art of making chocolate covered treats, and learn how to wrap them in a decorative way. During class you will learn how to make gourmet chocolate caramel apples that you see in the upscale stores. In addition you will learn to make fancy chocolate covered pretzels and gourmet chocolate covered ice cream cones. When the class is over, you will be able to do this on your own and leave with the tasty treats!



Materials Fee of \$5.00 is due at class.

Instructor: Sherry Brodowski

Class size: Minimum 10, Maximum 20

**PARKS & RECREATION**  
**Creating Community Through**  
**People, Parks & Programs**

*PUMPKIN PAINTING CONTEST***Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)**Sunday, October 14, 2007****10:30am-12:00pm****Registration No. 344700-A**

MTR Fee: \$ 7.00

NR: \$12.00

MTRC Members receive \$5.00 discount

Class Size: 20 Minimum

Age: 5 years and up

Register By: October 6, 2007

Bring your kids to enjoy this friendly contest of pumpkin painting. The pumpkins will be judged and awards will be handed out to the first, second, and third place winners. Afterwards, each contestant can enjoy cider and donuts as a complimentary snack.

*FRIENDLY REMINDER...*

Nothing ruins a good  
 program quicker than everyone  
 waiting until the last minute to register!

Please register early to ensure that the program will run.

*DECORATIVE HANDMADE GIFT CARDS***Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)**Monday, Nov 19****7:00-8:30pm****Registration No. 341405-K**

Looking for the perfect teacher or hostess gift for the holidays? Learn how to make handmade gift cards and gift bags for all occasions. Using some decorative craft embellishments and decorative papers you will make and take home a set of gift cards with a decorative bag to give to someone on your holiday list. You will also learn creative ideas for making your own Holiday cards and cards that you can make all year long. A sample of the gift cards are on display at the front desk of the recreation center.

Supplies to bring: Scissors and a glue stick

Material Fee: \$4.00 (due night of class)

MTR Fee: \$20.00

NR Fee: \$25.00

MTRC Members receive \$5.00 discount

Instructor: Sherry Brodowski

Minimum 10/Maximum 25

## SCRAPPIN' & STAMPIN' PARADISE CLASSES

### Macomb Township Recreation Center

**20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

Get a jump start on your holiday planning!!! Come and create all three of the following projects or choose the projects that best suit you. You will leave this 3 week course with a great start for your busy holiday season.

#### Holiday Organizational Composition Book

You will leave with an adorable altered composition book that has been designed with a tie to keep it closed and tabs on the side to help keep your holiday season on track. Tab ideas might be "gift ideas," "gifts bought," baking ideas," "party dates," etc.

**Wednesday, October 3, 2007**

**11:00AM-12:30PM**

**Registration No. 341405-A**

**Wednesday, October 3, 2007**

**6:00-7:30PM**

**Registration No. 341405-B**

MTR Fee: \$15.00

NR Fee: \$20.00

MTRC Members receive \$5.00 discount

Register By: Sep. 25, 2007

Age: 14 and up

Class Size: Minimum 2

#### Christmas Card Workshop

Create eleven coordinating Christmas cards using 2 patterned papers and coordinating cardstock for a finished look. Your cards will also be adorned with stamping and ribbon. You will leave this class with a template so you can re-create these cards to finish any amount of Christmas cards you may have left on your list in no time at all.

**Wednesday, October 10, 2007**

**11:00AM-1:00PM**

**Registration No. 341405-C**

**Wednesday, October 10, 2007**

**6:00-8:00PM**

**Registration No. 341405-D**

MTR Fee: \$20.00

NR Fee: \$25.00

MTRC Members receive \$5.00 discount

Register By: Oct. 2, 2007

Age: 14 and up

Class Size: Minimum 2

### Create Your Own 8x6 Personalized Calendar

This project will make a terrific gift for the hardest recipient on your list! You can't go wrong with this adorable altered calendar. Each month is decorated to match the season and will accommodate pictures of your loved ones. When the year is over you will have a great keepsake of the year in review!

**Wednesday, October 17, 2007**

**11:00AM-2:30PM**

**Registration No. 341405-E**

**Wednesday, October 17, 2007**

**6:00-9:30PM**

**Registration No. 341405-F**

MTR Fee: \$35.00

NR Fee: \$40.00

MTRC Members receive \$5.00 discount

Register By: Oct. 9, 2007

Age: 14 and up

Class Size: Minimum 2

### 3 Week Combination Class

Why settle for just one class when you can experience all 3 classes for a discounted rate..

#### 3 Week Morning Class

**Oct 3, Oct 10, Oct 17**

**Registration No. 341405-G**

MTR Fee: \$65.00

NR Fee: \$70.00

MTRC Members receive \$5.00 discount

Register By: Sep. 25, 2007

#### 3 Week Evening Course

**Oct. 3, Oct. 10, Oct. 17**

**Registration No. 341405-H**

MTR Fee: \$65.00

NR Fee: \$70.00

MTRC Members receive \$5.00 discount

Register By: Sep. 25, 2007

All classes require a \$5.00 material fee paid to the instructor the night of the class. In addition, all classes require you to bring a paper trimmer, scissors, ruler, adhesive, pencil, and black fine-tipped marker.

*\*Patterned paper may vary.*

**MTRC CANCELLATIONS HOTLINE**

**(586) 992-2909**

**DANCE CLASSES****(Ages 2 years – Adult)****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

September 10 – December 14, 2007

No Class on Oct. 31, &amp; Nov. 19 – 24

Instructor: Manda McCreary

	Minimum	Maximum
Ages 2-6	8	10
Ages 7-13	8	12
Ages 14+	8	18

MTR Fee: \$85.00 NR Fee: \$90.00

MTRC Members receive \$5.00 discount

**BALLET**

Ballet is the core of all dance and teaches proper technique and body placement. Students are introduced to classic ballet with a mix of contemporary to achieve a very fulfilling ballet experience.

**Dress Code**

Solid color leotard and pink tights. No skirts. Pink leather Ballet shoes.

Session #	Days	Ages	Type	Time
311202-A	Tu	5-6	Kinder Ballet	11:00-11:30AM
311202-B	Tu	Adult	Beg. Ballet	12:00-12:30PM
311202-C	We	5-6	Kinder Ballet	5:00-5:30PM
311202-D	Th	5-6	Kinder Ballet	11:00-11:30AM
311202-E	Fr	7-9	Beg. Ballet	4:30-5:00PM
311202-F	Fr	10-13	Beg. Ballet	6:00-6:30PM
311202-G	Fr	Adult	Beg. Ballet	7:30-8:00PM

**TAP**

Tap is a great form of dance for all ages that concentrates on making sounds with taps and keeping rhythm.

**Dress Code**

Any color or style leotard and tights. Jazz pants, tank tops, Capri's and shorts are also acceptable. Black Tap Shoes.

Session #	Days	Ages	Type	Time
311205-A	Tu	Adult	Tap	1:30-2:00PM
311205-B	Th	5-6	Kinder Tap	12:00-12:30PM
311205-C	Tu	5-6	Kinder Tap	1:00-1:30PM
311205-D	We	5-6	Kinder Tap	4:30-5:00PM
311205-E	Fr	7-9	Tap	4:00-4:30PM
311205-F	Fr	10-13	Tap	8:00-8:30PM

**JAZZ**

Jazz combines Broadway style with Modern, Hollywood and Hip-Hop forms of dancing. Jazz has its own technique and enhances a dancer's abilities with the stretching, steps, leaps and turns that Jazz is known for.

**Dress Code**

Any color or style leotard and tights. Jazz pants, tank tops, Capri's and shorts are also acceptable. Tan Jazz Boots.

Session #	Days	Ages	Type	Time
311203-A	Tu	5-6	Kinder Jazz	11:30AM-12PM
311203-B	Tu	Adult	Beg. Jazz	12:30-1:00PM
311203-C	Th	5-6	Kinder Jazz	11:30AM-12PM

**JAZZ/POMS**

This is a sharp form of Jazz that combines dancing and the sharp movements that were at one time limited to cheerleaders. Most people commonly know this form from sports dance teams. This dance form has a series of arms movements and also incorporates leaps and turns.

**Dress Code**

Any color or style leotard and tights. Jazz pants, tank tops, capris and shorts are also acceptable. Tan Jazz Boots.

Session #	Days	Ages	Type	Time
311208-A	We	5-6	Kinder Jazz/Poms	5:30-6:00PM
311208-B	Fr	7-9	Beg Jazz/Poms	5:00-5:30PM
311208-C	Fr	10-13	Beg Jazz/Poms	6:30-7:00PM

**HIP-HOP**

Hip-Hop is a form of "street dance," that encompasses all parts of the body. This class combines the latest dance and funk moves as well as age appropriate "MTV" style dancing, with current music for a fun dance class experience!

**Dress Code**

Jazz pants, tank tops, capris and shorts are acceptable. White Tennis/Gym Shoes.

Session #	Days	Ages	Type	Time
311209-A	We	14+	Beg Hip-Hop	7:00-7:30PM
311209-B	Fr	7-9	Beg Hip-Hop	5:30-6:00PM
311209-C	Fr	10-13	Beg Hip-Hop	7:00-7:30PM

**CREATIVE MOVEMENT**

This class is typically for the first or second year dancer. Students are introduced to a class environment of dance, gymnastics and games. This class also combines introductory steps from Ballet, Tap, and Jazz.

**Dress Code**

White leather Ballet shoes. Any color or style leotard and tights.

Session #	Days	Ages	Type	Time
311210-A	Tu	2-3	Creative Mvmnt	10:00-10:30AM
311210-B	Tu	3-4	Creative Mvmnt	10:30-11:00AM
311210-C	We	2-3	Creative Mvmnt	6:00-6:30PM
311210-D	We	3-4	Creative Mvmnt	6:30-7:00PM
311210-E	Th	2-3	Creative Mvmnt	10:00-10:30AM
311210-F	Th	3-4	Creative Mvmnt	10:30-11:00AM

*INFORMATION ABOUT REGISTERING AND  
THE CLASS/EVENT REGISTRATION FORM  
CAN BE FOUND ON PAGES 34 AND 35  
OF THIS BROCHURE*



**YOUTH FLAG FOOTBALL****Volunteer Coaches Information**

**VOLUNTEER COACHES ARE NEEDED FOR THIS PROGRAM.** Applications and coaches information will be available at registration, and any parents/volunteers should pick-up a volunteer application when registering their child for the program. All prospective volunteer coaches must fill out a background check authorization .

Volunteers will serve in the dual role as coach/referee. Interested candidates should be enthusiastic, positive, and agree to the Youth Coaches Guidelines, including promoting safety, 'fun'damental instruction, good sportsmanship, and skill development. All coaches must agree to provide an equal opportunity for playing time for all children, regardless of skill level.

**All volunteer applications must be completed/ returned by Wednesday, August 29** to the Recreation Center to be eligible.

**YOUTH FLAG FOOTBALL****Macomb Corners Park**

**25 Mile Road** (east of Luchtman)

Ready, Set, Hike. It's time to sign-up for Flag Football. Boys and girls ages 5-6, 7-8, 9-11 (age as of September 1, 2007) will play on the grid iron Saturday mornings this fall. Practices for ages 5-6 will be on Tuesdays, beginning September 11, ages 7-8 will practice on Wednesdays beginning September 12, and ages 9-11 will practice on Thursdays, beginning September 13. All practice times are from 6:00-7:00pm. Practices are held at TownCenter Park, located on 25 Mile Road, just west of Broughton Road.



All football players are required to provide their own mouthguard and wear it at practices and games, bring their own football to practices, and bring their own bottled water or juice to practice/games each week.

All players will receive a t-shirt.

The purpose of the program is to introduce the sport of football to youth with emphasis on safety, 'fun'damental instruction, good sportsmanship, and skill development.

**REGISTRATION DEADLINE: WEDNESDAY, AUGUST 29**

Session: 6 practices (1 day a week for 6 weeks)  
5 games (1 day a week for 5 weeks)

Game Dates: Sep 22 & 29, Oct 6, 13, 20  
(Rain make-ups Oct 27 & Nov 3, if necessary)

Ages: Boys & Girls ages 5-11

MTR Fee: \$35.00 NR Fee: \$40.00

No.	Ages	Game Start Times – Sat Vary
<b>312102-A</b>	5-6	9:00AM-12:00PM
<b>312102-B</b>	7-8	10:00AM-1:00PM
<b>312102-C</b>	9-11	11:00AM-3:00PM

**YOUTH FLAG FOOTBALL****Registration Information**

*Please adhere to the following guidelines to register for the Youth Flag Program.*



- Registration – In person only
- Resident Registration:  
Sa, Aug 25 – 8:00-10:30AM  
Mo-We, Aug 27,28,29 – 8:00AM-8:00PM
- Non-Resident Registration:  
One Day Only  
We, Aug 29 – 12:00PM-8:00PM
- Age of participant is determined as of Sep 1, 2007.
- Due to size of leagues/scheduling, special requests for playing on same team can not be accommodated. ONLY exception, 2 or more siblings may play on same team.
- Participants must indicate the one (1) other player at the time of registration.
- T-shirt sizes must be included at time of registration. T-shirts can not be returned or exchanged.
- T-shirts come in four sizes: small, medium, large, and xx-large. To better understand the t-shirt sizes please see the chart below.

S	M	L	XXL
6-8	10-12	14-16	Adult Small



*MOM & TOT — GYM & SWIM*

**Macomb Township Recreation Center**  
**20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

This class will assist your child in the development of their motor skills. Children will play a variety of games in the gymnasium during the first ½ hour of class. The following ½ hour will consist of play time in the zero-depth entry pool where children can continue utilizing their learned motor skills on interactive water toys.



Ages: 2-4 years

Class size: Minimum 8 children, Maximum 20 children  
 2:1 parent/child ratio

Instructor: Karen McCoy

MTR Fee: \$40.00 NR Fee: \$45.00  
 MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
341110-A	Tu	Sep 11-Oct 23	10:45AM-12:00PM
Session II	Days	Dates	Time
341110-B	Tu	Nov 6-Dec 18	10:45AM-12:00PM

*MTRC CANCELLATIONS HOTLINE*  
**(586) 992-2909**

*X-MAS LOCK-IN — PARENTS ESCAPE*

**Macomb Township Recreation Center**  
**20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

**Saturday, December 15, 2007**

**6:00-10:00PM**

**Registration No. 314305-A**

**Ages: 5-14 years**

Always trying to get that last minute shopping done or a night out, but can't ever find the time away from the kids? Become SANTA for the night! Let us take the worry away from you. Your children will be well supervised by our staff. The recreation center will be closed to public use at 6:00PM on this special night. Children will have the opportunity to swim, play a variety of structured games, arts-n-crafts, and much more! Pizza, pop/juice, and popcorn will be provided. Please register quickly as space is limited to the first 125 participants. Registration deadline is Friday, December 7.

MTR Fee: \$20.00 NR Fee: \$25.00  
 MTRC Members receive \$5.00 discount

*VOLUNTEERS NEEDED!*

Are you looking for something fun to do that also helps your community? Are you currently in 8th grade or above? If so, you may want to consider volunteering for Macomb Township Parks and Recreation's Special Events! Volunteering is a great opportunity for you to help out the community, gain valuable experience, and get those required community service hours needed for school and church.

Volunteer applications are available at the Macomb Township Recreation Center, located at 20699 Macomb St. Stop by and pick one up today.

Due to the volume of volunteers we obtain, we cannot guarantee a spot for everyone. If you are under the age of 18, a parent/guardian MUST sign your application.

**THANK YOU for your consideration!**

*LOCAL YOUTH ATHLETIC PROGRAMS*

Macomb Township Parks and Recreation Department frequently provides facilities for local Parent-run youth athletic organizations. All questions or inquiries regarding league information, schedules and registration are to be directed to the various organizations listed below:

**Macomb Township Little League**

(586) 615-5545  
[www.mtllb.com](http://www.mtllb.com)

**A.Y.S.O. Soccer**

(586) 739-9797

**Clinton Valley Girls Softball**

(586) 263-1862  
[www.cvgsl.org](http://www.cvgsl.org)

**Macomb Mustangs Football**

[www.macombmustangs.com](http://www.macombmustangs.com)

**Macomb Mustangs Lacrosse**

(586) 247-6407

**United Soccer League**

(586) 992-2707

*PARKS & RECREATION*  
**Creating Community Through  
 People, Parks & Programs**

**GINGERBREAD FRIENDS  
WORKSHOP****Noah's Ark Animal Workshop**

**Macomb Township Recreation Center**  
**20699 Macomb St.** (off Broughton Rd.,  
 south of 25 Mile Rd.)

Here's a chance to see how stuffed animals come to life! Bring your very own Gingerbread Person or Snowman to life by hand stuffing it, wishing on a rainbow wishing star, naming it and completing a birth certificate. You will also be given a chance to decorate a t-shirt for your new friend. Parents are asked to stay and help with your child's creation. All materials are provided.

MTR Fee: \$24.00      NR Fee: \$29.00  
 MTRC Members receive \$5.00 discount

Class Size: Minimum 10, Maximum 20

Instructor: Vicki Smithson

Session I	Days	Dates	Times
341405-I	Mo	Dec 10	6:30-7:45PM

**SUPER "BOWL" SUNDAYS****Parent & Child Bowling League****Kingswood Lanes**

**49925 N. Groesbeck, Clinton Twp, south of Hall Rd**

Sundays are sure to be a blast as parent and child teams hit the lanes! In this ten week league, parent & child teams will bowl 2 games per week.

Weekly league fee is \$6 per bowler, which includes: 2 games of bowling, shoe rental, weekly standings, an end of season pizza party, and awards for the kids. Weekly fee is paid directly to Kingswood Lanes (each week) and individual average scores will be calculated. No handicap scoring system or bowling against other teams/individuals, this program is designed to be a great start to bowling in a recreation league.

All participants must include if they would like to bowl with another parent/child team at the time of registration, maximum 4 bowlers per lane.

Register by: Monday, September 10

MTR Fee: \$5.00 per bowler all ages league registration fee  
 NR Fee: \$10.00 per bowler all ages league registration fee

**Bumper League – (Ages 7 and under)**

Maximum-36 Bowlers

No.	Days	Dates	Time
342604-A	Su	Sep 16-Nov 18	1:00-3:00PM

\*Teams that sign-up for the bumper league, both parent and child will bowl on a lane with bumpers.

**Open League – (Ages 8 and above)**

Maximum-36 Bowlers

No.	Days	Dates	Time
342605-A	Su	Sep 16-Nov 18	1:00-3:00PM

**KARATE KIDS****Beginner – Intermediate Martial Arts**

**Macomb Township Recreation Center**  
**20699 Macomb St.** (off Broughton Rd., south  
 of 25 Mile Rd.)

In this eight-week class, boys and girls ages 6-13 are introduced to the Isshinryu style of karate.

Led by Black Belt instructor Keith Burke, students will learn self-defense through basic karate techniques. These introductory classes are designed to improve balance, increase strength, and enhance coordination.

Through karate, students can develop self-discipline and self-control, while improving self-confidence and physical fitness.

New students will receive a uniform at no additional charge.

Participants should register by September 8.

**Karate Basics – Beginners**

Session: 8 weeks – Saturdays

Class Size: Maximum 20

MTR Fee: \$80.00/person      NR Fee: \$85.00/person  
 MTRC Members receive \$5.00 discount

No.	Ages	Days	Dates	Time
311101-A	6-12	Sa	Sep 22-Nov 17	9:00-10:00AM

(No class on Oct 27)

**Advanced Karate\* – Intermediate/Advanced**

Session: 8 weeks – Saturdays

Class Size: Minimum 10, Maximum open

MTR Fee: \$90.00/person      NR Fee: \$95.00/person  
 MTRC Members receive \$5.00 discount

No.	Ages	Days	Dates	Time
311101-B	6-13	Sa	Sep 22-Nov 17	10-11:30AM

(No class on Oct 27)

**Adult Karate\***

Session: 8 weeks – Saturdays

Class Size: Minimum 10, Maximum open

MTR Fee: \$80.00/person      NR Fee: \$85.00/person  
 MTRC Members receive \$5.00 discount

No.	Ages	Days	Dates	Time
321101-A	30+	Sa	Sep 22-Nov 17	11:30AM-12:30PM

(No class on Oct 27)

\*Only returning students who have taken the beginner class (a minimum of 2 sessions) through Macomb Township Parks & Recreation are eligible to register for the advanced class.

**FRIENDLY REMINDER...**

Nothing ruins a good  
 program quicker than everyone  
 waiting until the last minute to register!  
 Please register early to ensure that the program will run.







# IN CASE YOU MISSED IT!!!



## REGISTRATION INFORMATION Pages 2 and 34

*MACOMB TOWNSHIP  
RECREATION CENTER  
INFORMATION*  
Pages 3-5



*3RD ANNUAL HOLIDAY  
LIGHTING CEREMONY*  
Wednesday, November 28  
Page 11

*PHASE II GRAND OPENING  
CELEBRATION*  
Sunday, September 9  
Page 10



*EUCHRE PARTY*  
Friday, November 2  
Page 11

*TAKE ME OUT TO THE  
BALLGAME*  
Mother & Son Event  
Sunday, September 23  
Page 9



*X-MAS LOCK-IN*  
Parents Escape  
Saturday, December 15  
Page 25

*PUNT, PASS & KICK*  
Saturday, September 29  
Page 10



*HOLIDAY NIGHTS AT  
GREENFIELD VILLAGE*  
Saturday, December 1  
Page 13

*FAMILY SAFETY FAIR IN  
MACOMB COUNTY*  
Saturday, September 15  
Page 9



*SANTA'S SLEEPY STORY TIME*  
Page 11

*HALLOWEEN HOOPLA*  
Friday, October 19  
Page 10



*THE LION KING*  
Tuesday, December 18  
Page 12

*KIDS EXCEL WITH CHESS***Grades K-9 Chess Tournament****Marvin Blank Senior Center****19925 23 Mile Road** (one mile east of Romeo Plank Rd.)**Friday, Nov 2****Check-In 5:45-6pm****6:10pm Tournament Begins****8:00pm Awards Ceremony****Registration No. 311503-A**

MTR Fee: \$20.00

NR Fee: \$25.00

Minimum 20/Maximum 60

In this four round chess tournament, participants will play in one of four sections: Grades K-2, 3-4, 5-6, or grades 7-9. If there are less than 6 participants enrolled in a section, age groups and prizes may be combined.

Round one begins at 6:10pm. The first three rounds will last 20 minutes each, and the fourth round will last 30 minutes. Trophies will be awarded to the top four in each section. All other participants will receive a medal.



*INFORMATION ABOUT REGISTERING  
AND THE CLASS/EVENT REGISTRATION  
FORM CAN BE FOUND ON PAGES  
34 AND 35 OF THIS BROCHURE.*

*KIDS EXCEL WITH CHESS***Unrated – Chess Tournaments for Youth in grades K-8****Marvin Blank Senior Center****19925 23 Mile Road** (one mile east of Romeo Plank Rd.)**Saturday, Oct 6 (Register by: Sep 25)****12:15-5:15pm****Registration No. 311503-D****Saturday, Dec 15 (Register by: Nov 15)****12:15-5:15pm****Registration No. 311503-E**

MTR Fee: \$25.00

NR Fee: \$30.00

Maximum: 40



Open to all players in grades K-8, these tournaments are geared with the beginner/intermediate player in mind and to those who are new to tournament play.

In these four round tournaments, participants will compete against students in their own grade. If there are less than 8 students in each grade, grades will be combined. Please bring your chess set.

Check in for the tournaments will be from 12:15-12:45pm. Round 1 begins at 1:00pm. Each round will last one hour minutes. Each player will have 30 minutes to make their moves. The tournaments conclude with an awards ceremony at 5:15pm, with trophies awarded to all participants., with larger trophies to be awarded to the top five finishers in each division.

**Please include your child's grade level on the registration form when registering for these tournaments.**

*KIDS EXCEL WITH CHESS***Rated – Chess Tournaments for Youth in grades K-12****Marvin Blank Senior Center****19925 23 Mile Road** (one mile east of Romeo Plank Rd.)**Saturday, Oct 6 (Register by: Sep 25)****12:15-5:15pm****Registration No. 311503-B****Saturday, Dec 15 (Register by: Dec 4)****12:15-5:15pm****Registration No. 311503-C**

MTR Fee: \$25.00

NR Fee: \$30.00

Maximum: 40



Open to all players in grades K-12, these tournaments are geared for participants who have experience in rated

tournament play and to participants who are interested in earning a national chess rating.

In these four round tournaments, participants will compete in 3 rated sections: K-3, 4-6, 7-12.

Check in for the tournaments will be from 12:15-12:45pm. Round 1 begins at 1:00pm. Each round will last one hour. The tournaments conclude with an awards ceremony at 5:15pm, with trophies awarded to the top finishers in each section, and medals awarded to all other participants.

Tournament participants must be members of the United States Chess Federation in order to participate in these rated tournaments. All tournament participants **MUST** bring proof of their USCF membership to the tournament, or can register for their membership on-site. Membership fees and details available at the tournament site.

**Please include your child's grade level on the registration form when registering for these tournaments.**

**YOUNG REMBRANDTS****Pre-School Drawing****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

Young Rembrandts instructors provide a positive, nurturing environment for your child. Each week participants will learn to draw something, from fish to teddy bears, rainbows to cowboys, and talk about the subject matter as participants learn to draw it together. Classes will emphasize drawing and coloring, with attention to developing fine motor skills, focus, listening, staying on task, spatial organization, and patience.

Sessions are 6 weeks, meeting one day per week.

Classes are 45 minutes, all materials are provided-happy, smiling faces guaranteed.

**Always new lessons-each session!**

Session: 6 lessons (1 day a week for 6 weeks)

MTR Fee: \$55.00 NR Fee: \$60.00

MTRC Members receive \$5.00 discount

Ages: 3½-5

Class Size: Minimum 6, Maximum 10

Session I	Days	Dates	Time
311515-A	Tu	Sep 11-Oct 16	10:00-10:45AM
Session II	Days	Dates	Time
311515-B	Tu	Oct 30-Dec 4	10:00-10:45AM

**YOUNG REMBRANDTS****Elementary Age Drawing and Cartooning****Macomb Township Recreation Center****20699 Macomb St.** (off Broughton Rd., south of 25 Mile Rd.)

Young Rembrandts "Drawtooning" Classes

Ages 6-12

Get ready to draw amazing things! This class includes the best of Young Rembrandts drawing and cartooning! The program combines an innovative step-by-step drawing method with light-hearted subject matter, engaging children, their sense of humor and their vivid imaginations. Young Rembrandt's philosophy is to give children a positive, nurturing environment, with emphasis on fundamental drawing and cartooning techniques. All new lessons each session. All materials provided.

Sessions are 6 weeks, meeting one day per week.

Classes are 60 minutes-happy, smiling faces guaranteed.

**Always new lessons-each session!**

Session: 6 lessons (1 day a week for 6 weeks)

MTR Fee: \$60.00 NR Fee: \$65.00

MTRC Members receive \$5.00 discount

Ages: 6-12

Class Size: Minimum 6, Maximum 15

Session I	Days	Dates	Time
311515-C	Sa	Sep 15-Oct 20	10:00-11:00AM
Session II	Days	Dates	Time
311515-D	Sa	Oct 27-Dec 8	10:00-11:30AM

(Class WILL BE HELD on Nov 24, Thanksgiving weekend)



## MTRC CANCELLATIONS HOTLINE (586) 992-2909

**AFTER SCHOOL ACTORS - ANNIE****Young Performers Theatre Art****Marvin Blank Senior Center****19925 23 Mile Road** (one mile east of Romeo Plank Rd.)

Aspiring actors and actresses, here's your chance to learn how to perform on stage in Annie! During this eight-week program, participants will be introduced to various aspects of theatre, including improvisational games, auditioning for parts reading the script, introduction to the stage area, terminology, and more.

Director Debby Ryle encourages participants to strive for excellence in a positive class environment. The full program will focus on a short play to be presented at the end of the session for family and friends. All participants receive a trophy and certificate.



MTR Fee: \$59.00 NR Fee: \$64.00

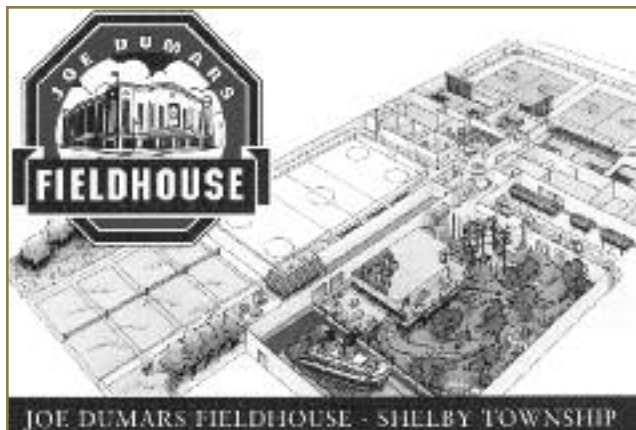
Minimum 12/Maximum 25

No.	Ages	Days	Dates	Time
311501-A	5-16	Tu	Sep 11-Nov 20	5:00-6:30PM

(No class on Oct 2 and Oct 23)

Performance to be held on November 20 at 7:00PM.





**NOTE: Contact Macomb Township Parks & Recreation to register for these classes.**

## JOE DUMARS' FIELDHOUSE

The following classes are being offered at JOE DUMARS' FIELDHOUSE and the JOE DUMARS' FIELDHOUSE ANNEX, located at 45300 Mound Road in Shelby Twp. and 43655 Utica Road in Sterling Heights, respectively.

### JOE DUMARS' FIELDHOUSE PHONE NUMBER 586-731-3080

Joe Dumars' Fieldhouse offers fun, non-competitive sports programs for kids ages four and up. Participants will learn the fundamental skills of their sport in addition to essential life skills such as active listening, teamwork and achieving a set goal. Each session focuses on specific fundamental skill sets, making sports fun, and provides a growing challenge to everyone. **Each class meets once a week for seven weeks of instruction.**

## BASKETBALL

### Classes meet at the Annex (43655 Utica Road)

Grades: 1st-9th

SKILLS: Dribbling, shooting, passing and defense

COST: \$99 per participant

#### Grades: 1st-3rd

<b>315401-A</b>	Pee Wee	Sa, Sep 8	8-8:55AM
<b>315401-B</b>	Pee Wee	Tu, Sep 11	5:30-6:25PM
<b>315401-C</b>	Pee Wee	Sa, Oct 27	8-8:55AM
<b>315401-D</b>	Pee Wee	Tu, Oct 30	5:30-6:25PM

#### Grades: 4th-6th

<b>315401-E</b>	Beginner	Sa, Sep 8	9-9:55AM
<b>315401-F</b>	Inter/Adv	Sa, Sep 8	10-10:55AM
<b>315401-G</b>	Beg/Inter	Tu, Sep 11	6:30-7:25PM
<b>315401-H</b>	Beginner	Sa, Oct 27	9-9:55AM
<b>315401-I</b>	Inter/Adv	Sa, Oct 27	10-10:55AM
<b>315401-J</b>	Beg/Inter	Tu, Oct 30	6:30-7:25PM

#### Grades: 7th-9th

<b>315401-K</b>	Beginner	Sat. Sept. 8	12-12:55PM
<b>315401-L</b>	Inter/Adv	Sat. Sept. 8	11-11:55AM
<b>315401-M</b>	Beginner	Sat. Oct. 27	12-12:55PM
<b>315401-N</b>	Inter/Adv	Sat. Oct. 27	11-11:55AM

## FLOOR HOCKEY

### Classes meet at the Annex (43655 Utica Road)

Ages: 4-6

SKILLS: Shooting, stick handling and passing

COST: \$99 per participant

<b>315415-A</b>	Sa, Sep 8	12-12:55PM
<b>315415-B</b>	Sa, Oct 27	12-12:55PM

## FOOTBALL

### Classes meet at the Annex (43655 Utica Road)

This class will be held on a hard-wood floor rather than on turf.

Ages: 7-12

SKILLS: Passing, catching, blocking, kicking and pass routes

COST: \$99 per participant

<b>315409-A</b>	Beginner	Sat. Sept. 8	1-1:55PM
<b>315409-B</b>	Beginner	Sat. Oct. 27	1-1:55PM

## MULTISPORT

### Classes meet at the Annex (43655 Utica Road)

Ages: 4-6

SKILLS: Soccer, basketball, tee ball, floor hockey and more!

COST: \$99 per participant

<b>315404-A</b>	Sa, Sep 8	10-10:55AM
<b>315404-B</b>	Th, Sep 13	5-5:55PM
<b>315404-C</b>	Sa, Oct 27	10-10:55AM
<b>315404-D</b>	Th, Nov 1	5-5:55PM

## PARENT AND CHILD

### Classes meet at the Annex (43655 Utica Road)

Ages: 4-6

SKILLS: Soccer, basketball, tee ball, floor hockey and more!

COST: \$99 per participant

<b>315416-A</b>	Sa, Sep 8	11-11:55AM
<b>315416-B</b>	Sa, Oct 27	11-11:55AM

**SOCCER****Classes meet at the Annex (43655 Utica Road)**

Ages: 4-6

SKILLS: Dribbling, passing, trapping and shooting

COST: \$99 per participant

**315408-A** Sat. Sept. 8 9-9:55am**315408-B** Sat. Oct. 27 9-9:55am**TEE-BALL****Classes meet at the Annex (43655 Utica Road)**

Ages: 4-6

SKILLS: Base running, catching, hitting and fielding

COST: \$99 per participant

**315406-A** Sat. Sept. 8 8-8:55am**315406-B** Sat. Oct. 27 8-8:55am**BASEBALL****Classes meet at the Annex (43655 Utica Road)**

Ages: 7-12

SKILLS: Advanced field techniques and positioning

COST: \$99 per participant

**315417-A** Thurs. Sept. 13 6-6:55pm**315417-B** Thurs. Nov. 1 6-6:55pm**VOLLEYBALL****Classes meet at the Fieldhouse (45300 Mound Road)**

Ages: 10-14

SKILLS: Digging, serving, spiking, blocking and setting

COST: \$99 per participant

**315402-A** Wed. Sept. 12 5:30-6:25pm**315402-B** Wed. Nov. 7 5:30-6:25pm

The following Camps will be held during the Christmas break. Each class meets once a day for three consecutive days of instruction.

**BASKETBALL****Classes meet at the Annex (43655 Utica Road)**

SKILLS: Dribbling, shooting, passing and defense

COST: \$89 per participant

**315401-O** Grade: 1st-4th Dec. 26, 27 & 28 9:00-12:00PM**315401-P** Grade: 5th-8th Dec. 26, 27 & 28 1:00-4:00PM**VOLLEYBALL****Classes meet at the Fieldhouse (45300 Mound Road)**

Grade: 6th-9th

SKILLS: Digging, serving, spiking, blocking and setting

COST: \$89

**315402-C** Dec. 26, 27 & 28 9:00-12:00PM**FIELDHOUSE ADVENTURE**

Help your children recognize their potential at Fieldhouse Adventure Camp. Under the guidance of professionally trained staff, campers will be led through increasingly difficult personal and team challenges.

COST: \$89

**315405-A** Dec. 26, 27 & 28 9:00-12:00PM**SAFE SITTER BABYSITTING**

Safe Sitter® teaches adolescent babysitters how to handle crises, keep their charges secure, to nurture and guide a young child. For ages 11 and up.

COST: \$89

**315419-A** Dec. 26, 27 & 28 9:00-12:00PM



54755 Broughton  
(586) 992-8600  
www.suburbanice.com

## LEARN TO SKATE BEGINNER CLASSES

### 2007-08 Schedule & Fees

#### Series I

September, Sunday 9- Thursday, October 25, 2007  
7-Week Program  
Parent Tot: \$90  
Snowplow Sam 1: \$90  
All other classes: \$90

#### Series II

Sunday, October 28- Thursday, December 20, 2007  
7-Week Program  
Parent Tot: \$90  
Snowplow Sam 1: \$90  
All other classes: \$90

### Parent Tot Ages 3-5

For skaters with little or no skating experience. Learn basic balance and skating skills in a fun, introductory class with their parent or adult friend. Participating adults should be able to skate. Classes also include 30-minute practice additional to times listed below.

<b>Series I</b>	<b>Sep 9</b>	<b>7 weeks</b>	<b>\$90</b>
<b>Series II</b>	<b>Oct 28</b>	<b>7 weeks</b>	<b>\$90</b>

Sun	12:30-1:00PM
Mon	10:00-10:30AM
Mon	1:00-1:30PM
Mon	4:15-4:45PM
Thu	10:00-10:30AM
Thu	1:00-1:30PM

### Snowplow Sam 1 Ages 3-5

For skaters with little or no skating experience. Learn basic balance and skating skills in an age appropriate setting. Classes are limited to 4 skaters. Classes also include 30-minute practice additional to times listed below.

<b>Series I</b>	<b>Sep 9</b>	<b>7 weeks</b>	<b>\$90</b>
<b>Series II</b>	<b>Oct 28</b>	<b>7 weeks</b>	<b>\$90</b>

Sun	12:30-1:00PM
Sun	1:30-2:00PM
Mon	10:00-10:30AM
Mon	1:00-1:30PM
Mon	4:15-4:45PM
Thu	10:00-10:30AM
Thu	1:00-1:30PM
Thu	1:30-2:00PM

**REGISTRATIONS FOR ALL SUBURBAN ICE PROGRAMS MUST BE SUBMITTED TO SUBURBAN ICE – Macomb.**

**REGISTRATIONS ARE CURRENTLY BEING TAKEN VIA PHONE OR WALK-IN AT SUBURBAN ICE-MACOMB.**

### Basic 1 (Ages 6 & up)

All beginner skaters above the age of 6 will begin here. Classes cover a wide range of skating skills from basic forward and backward skating to more advanced elements and maneuvers. Skills build on each other as skaters progress through each level. Classes also include 30-minute practice additional to times listed below.

<b>Series I</b>	<b>Sep 9</b>	<b>7 weeks</b>	<b>\$90</b>
<b>Series II</b>	<b>Oct 28</b>	<b>7 weeks</b>	<b>\$90</b>

Sun	1:00-1:30PM
Sun	2:00-2:30PM
Mon	10:00-10:30AM
Mon	1:00-1:30PM
Mon	4:15-4:45PM
Thu	10:00-10:30AM
Thu	1:00-1:30PM

### Adult 1 (Ages 16 & up)

Class designed for the mature skater interested in learning how to skate. Classes also include 30-minute practice additional to times listed below.

<b>Series I</b>	<b>Sep 9</b>	<b>7 weeks</b>	<b>\$90</b>
<b>Series II</b>	<b>Oct 28</b>	<b>7 weeks</b>	<b>\$90</b>

Sun	2:00-2:30PM
Mon	5:45-6:15PM
Thu	10:00-10:30AM





## ICE HOCKEY

### Suburban Fundamental Hockey

Recommended as a first step for beginning hockey players who have completed a Learn to Skate class and/or have a solid base of fundamental skating skills. Emphasis on creating a fun, challenging environment for players to learn the beginning principles of skating in equipment, stickhandling and puck skills. Sessions run by Suburban Ice instructional staff with the help of parent volunteers. Full equipment required. Players receive jersey/socks, picture package and year end party and award.



### Mighty Mite (co-ed)

#### Ages 4-7

Thu, Sep 27	12 weeks	4:30-5:20pm	\$100 reg. fee
Sun, Sep 23	12 weeks	3:30-4:20pm	\$100 reg. fee

### Adorables (girls only)

#### Ages 4-7

Thu, Sep 27	12 weeks	4:30-5:20pm	\$100 reg. fee
Sun, Sep 23	12 weeks	3:30-4:20pm	\$100 reg. fee

### Girls Beginner Hockey (girls only)

#### Ages 8-12

Thu, Sep 20 24 weeks  
 4:30-5:20pm (Sundays)  
 7:30-8:20pm (Thursdays)  
 \$100 reg. fee

### Beginning Adult Hockey League

First eight sessions are run by Suburban Ice instructional staff serving as a training camp for players with emphasis on individual skating and puckhandling skills. At the end of training camp Suburban Ice instructors will divide players into equal teams and players will receive their team jerseys and socks. Teams will have three games and one practice per month to continue to work on skills and some team concepts.

#### Ages 18+

Sun, Sep 23 23 weeks  
 Sunday evenings  
 \$100 reg. fee

## MARK YOUR CALENDAR!

Look for these Parks and Recreation events in early 2008:

Name the Movie contest.  
 Here's your chance to help select  
 next summer's outdoor movie!



Mother/Daughter event

A special  
 springtime celebration



Lifeguarding classes

Red Wings tickets



Tickets to Movin' Out

And much more!!!!

**ATTENTION PATRONS**

All patrons signing up for Macomb Township Parks and Recreation activities are allowed to register members of their immediate family and one other family only. A signed registration form with name and address and separate payment must be provided for each family.

Thank you for your cooperation.

**Macomb Township Parks and Recreation**

**MACOMB TOWNSHIP PARKS & RECREATION  
2007 SPONSORS**

**PLATINUM**

USA Credit Union  
Macomb Foundation

**GOLD**

Huntington Bank  
Spalding DeDecker Associates, Inc.

**SILVER**

Deneweth's Greenhouses  
Kristel Cleaning  
All Pro Exercise  
Skanska USA Building, Inc.

**BRONZE**

Neumann/Smith Architecture  
Detroit Chemical  
Oliver Sod Farms  
Plante & Moran, PLLC  
Rams Horn – Macomb  
Velmeir Companies/CVS Pharmacy  
Saab / Jaguar / Land Rover of Macomb  
Pete & Rebecca Tocco/Your Macomb  
Township Realtors-Realty Executives

**FRIENDS**

Brohl's Greenhouse, Inc.  
Beckett & Raeder, Inc.  
First State Bank  
Randazzo Fresh Market  
Kiwanis Shelby-Macomb Day Breakers  
Central Macomb Optimist Club  
Bounce About Rentals  
Red Robin of Clinton Township

**How Do I Register For A Program?****RESIDENT REGISTRATION**

**Advanced Registration for Macomb Township Residents will take place Saturday, August 25, 2007 from 8:00AM-10:30AM at the Macomb Township Recreation Center.**

Registrations will NOT be accepted after 10:30AM on this day.

**RESIDENT WALK-IN REGISTRATION**

Registrations will be accepted from Macomb Township Residents on Monday, August 27 and Tuesday, August 28 from 8:00AM-8:00PM at the Macomb Township Recreation Center.

**SWIM LESSON REGISTRATION**

Registrations for swimming lessons will take place during resident registration. Those individuals wishing to register for swimming lessons who have not previously taken a swim test or participated in our swim lessons must take a swim test. Swimming tests will be conducted on April 28 during the time of registration. Swim Tests after August 25 may be made by appointment by calling 586-992-2900. Please read pages 5-8 in this brochure for detailed information regarding swim lessons and swim tests. **Only Resident Registrations will be processed August 25.**

**Registrations will NOT be accepted after 10:30AM on this day.**

**MAIL-IN REGISTRATION**

Mail-in registrations will be processed on Wednesday, August 29 from 8:00AM-12:00PM. In the event the class is full, you will be notified.

**OPEN REGISTRATION**

Beginning Wednesday, August 29 at 12:00PM, open registration will begin for everyone. Registrations will be taken at the following times: Monday-Friday, 8:00AM-8:00PM; Saturdays, 9:00AM-4:00PM; Sundays, 1:00PM-4:00PM.

**CONFIRMATION RECEIPT**

If you want a written confirmation receipt mailed to you please include a self-addressed stamped envelope with your registration form and payment.

**PRO-RATE REGISTRATION FEES**

Fees cannot be prorated due to late registration or partial attendance.

**CANCELLATIONS**

Macomb Township Parks & Recreation reserves the right to cancel a program due to a lack of enrollment or circumstances arising out of its control. If a program is cancelled all registrants will be notified and a full refund of registration fees will be processed.

**RESIDENT DISCOUNT**

Macomb Township residents receive a discount on many program registration fees due to their support of the parks and recreation program through a special assessment millage.

**WE ACCEPT CASH AND CHECK PAYMENTS ONLY.**

**REFUND POLICY****CLASS REFUNDS**

Unless noted in a class description, or other published material, customer-initiated refunds will be honored through the first class meeting. If the refund is requested as a household credit, which can be used toward future activities, the entire amount will be credited. If a refund check is requested, it will be mailed within 4 weeks less a \$5.00 processing fee.

Macomb Township Parks & Recreation reserves the right to cancel a program due to a lack of enrollment or circumstances arising out of its control. If a program is cancelled all registrants will be notified and a full refund of registration fees will be processed.

**TRIP REFUNDS**

No refunds on 1-day trips and extended travel unless a replacement is found.

**SPECIAL EVENT REFUNDS**

There are no refunds on special events.

# MACOMB TOWNSHIP PARKS & RECREATION PROGRAM REGISTRATION FORM

Register by mail or in person:  
Parks & Recreation Office  
20699 Macomb Street  
Macomb, MI 48042  
(Off Broughton Road, south of 25 Mile Road)

Family Name \_\_\_\_\_

(List parent's name if participant is under 18 years of age.)

First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_

Work Phone (\_\_\_\_) \_\_\_\_\_

Email Address \_\_\_\_\_

Member Y or N # \_\_\_\_\_

Staff  
Verify \_\_\_\_\_

Emergency Phone (\_\_\_\_) \_\_\_\_\_

Emergency Contact Name(s) \_\_\_\_\_

Participant's Name (Last/First)	Birthdate (mm/dd/yy)	M/F	Activity Name	Activity Number	Days	Times	Resident Fee	Non-Res. Fee
				—				
				—				
				—				
				—				
				—				

\*Children age 4 and over must have a membership to receive discount.

## T-SHIRT ORDER

- ☐ YS (youth small) 6-8      ☐ AS (adult small)  
☐ YM (youth medium) 10-12      ☐ AM (adult medium)  
☐ YL (youth large) 14-16      ☐ AL (adult large)  
☐      ☐ AXL (adult extra large)

SUBTOTAL \$ \_\_\_\_\_

HOUSEHOLD CREDIT \$ \_\_\_\_\_

TOTAL \$ \_\_\_\_\_

Please make check or money order payable to  
"Macomb Township Treasurer". Please do not mail cash.

Special Needs: \_\_\_\_\_

**Macomb Township Release Agreement** - In consideration of being permitted to participate in the township activity or use of any facilities in connection with this activity, the undersigned agrees to the following:

1. The undersigned hereby releases, waives, discharges and covenants not to sue Macomb Township, its employees, officers and agents (herein referred to as "releasees") from all liability to the undersigned his or her personal representatives, assigns, heirs, and next of kin for any loss, damage, or claim therefore on account of injury to the person or property of the undersigned whether caused by any negligent act or omission of the releasees or otherwise while the undersigned is participating in the Township activity or using any facility in connection with the activity.
2. The undersigned hereby agrees to indemnify and hold harmless the releases from all liability, claims, demands, causes of action, charges, expenses, and attorney fees (including attorney fees to establish the releasee's right to indemnify or incurred on appeal) resulting from involvement in this activity whether caused by any negligent act or omission of the releasees or otherwise.
3. The undersigned hereby assumes full responsibility for and risk of bodily injury, death or property damage while upon Township property or participating in the activity or using any facilities and equipment whether caused by any negligent act or omission of releasees or otherwise.

The undersigned expressly agrees that the foregoing release and waiver, indemnity agreement and assumption of risk are intended to be as broad and inclusive as permitted by Michigan law and that if any portion thereof be held invalid, notwithstanding, the balance shall continue in full legal force and effect.

I acknowledge that I have read the foregoing and that I am aware of the legal consequences of this agreement, including that it prevents me from suing the Township or its employees, agents, or officers if I am injured or damaged for any reason as a result of participation in this activity. I further acknowledge that no oral representations; statements or inducements have been made.

If the participants are minors, his or her custodial parent or legal guardian must read and execute this agreement: I hereby warrant that I am the legal guardian or custodial parent of the above listed persons who are minors, and agree, on my own and on said minor's behalf to the terms and conditions of the foregoing agreement.

Signature \_\_\_\_\_ Print Name \_\_\_\_\_ Date \_\_\_\_\_

Office Use Only      Staff Initials \_\_\_\_\_      Paid by check # \_\_\_\_\_      Paid by cash \_\_\_\_\_



## MACOMB TOWNSHIP OFFICE PHONE NUMBERS

Building Department .....	(586) 992-0710, ext. 1	Finance Office .....	(586) 992-0710, ext. 7
Parks & Recreation Department.....	(586) 992-2900	Supervisor's Office.....	(586) 992-0710, ext. 8
Assessing Department.....	(586) 992-0710, ext. 3	Broadcast Media Department.....	(586) 226-4203
Planning & Zoning Office.....	(586) 992-0710, ext. 4	Fire Department Headquarters .....	(586) 286-0030
Treasurer's Office .....	(586) 992-0710, ext. 5	Water & Sewer Department .....	(586) 598-0687
Clerk's Office .....	(586) 992-0710, ext. 6	Water & Sewer (Emergency) .....	(586) 598-1790

## FREQUENTLY REQUESTED PHONE NUMBERS

A.Y.S.O. Soccer.....	(586) 739-9797	Macomb County Sheriff .....	(586) 469-5151
Boys & Girls Club - Shelby Township .....	(586) 566-5516	Macomb Mustangs Football .....	www.macombmustangs.com
Chesterfield Township Parks & Recreation .....	(586) 949-0400	Macomb Mustangs Lacrosse.....	(586) 247-6407
Chippewa Valley School District.....	(586) 723-2000	Macomb Township Little League.....	www.mtlb.com
Clinton-Macomb Library North Branch.....	(586) 226-5080	Macomb Township Parks & Recreation Hotline .....	(586) 992-2909
Clinton Township Parks & Recreation.....	(586) 286-9336	Metro Beach Metropark .....	(586) 463-4581
Clinton Valley Girls Softball.....	(586) 263-1862	Michigan DNR Campground Reservations .....	(800) 44PARKS
Clinton Valley Youth Baseball .....	cvyb.baberuthnetwork.com	New Haven School District .....	(586) 749-5123
	(586) 677-8153	Romeo Washington Bruce Parks & Recreation .....	(586) 752-6543
Freedom Hill .....	(586) 979-7010	Shelby Township Parks & Recreation .....	(586) 731-0300
Girl Scouts Macomb County .....	(586) 263-0220	Stony Creek Metropark .....	(586) 781-4242
Joe Dumars Fieldhouse .....	(586) 731-3080	Suburban Ice .....	(586) 992-8600
L'Anse Creuse School District.....	(586) 783-6300	United Soccer League .....	(586) 992-2707
Macomb County Road Commission.....	(586) 463-8671	Utica Community School District.....	(586) 797-1000
		Wolcott Mill Historic Center .....	(586) 749-5997

**MACOMB**  
TOWNSHIP  
Township Board of Trustees

**John D. Brennan**  
Supervisor  
**Michael D. Koehs**  
Clerk  
**Marie Malburg**  
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**Dino F. Bucci, Jr.**  
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**Nancy J. Nevers**  
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**PARKS & RECREATION**  
Creating Community Through  
People, Parks & Programs

**Salvatore A. DiCaro**  
Parks & Recreation Director  
**Jason D. Spiller**  
Facility Supervisor  
**Permelia G. Gross**  
Aquatics Supervisor  
**Telephone (586) 992-2900**  
**Fax (586) 992-2999**  
**Contact us at: parks-rec@macomb-mi.gov**



MACOMB TOWNSHIP PARKS & RECREATION  
20699 Macomb Street, Macomb, MI 48042

Presorted Standard  
U.S. Postage  
**PAID**  
Mt. Clemens, MI  
Permit No. 148

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